

# **CURRICULUM VITAE**

**PROF. ABBAS ZAFAR**

**FRCS**

**Professor, Head of the Department of ENT,**

**Head & Neck Surgery,**

**Ziauddin Medical College**

**Dean Faculty of Health Sciences**

**Ziauddin University**

**NAME** : **DR. ABBAS ZAFAR.**

**DATE OF BIRTH** : **15<sup>TH</sup> MARCH, 1955.**

**SEX** : **MALE.**

**MARITAL STATUS** : **MARRIED with two Children**

**ADDRESS** : **6-A/1, West Street, DHA Phase I,  
KARACHI**

**TELEPHONE** : **92 – 021 – 5895498.  
92 – 021 – 5392100.**

**MOBILE #** : **0300-8291495**

**FAX #** : **9221-6640670**

**E-MAIL ADDRESS** : **[abbasz55@hotmail.com](mailto:abbasz55@hotmail.com)  
[deanfhs@zu.edu.pk](mailto:deanfhs@zu.edu.pk)**

**DOMICILE** : **KARACHI.**

**QUALIFICATIONS** : **M.B.B.S. DOW MEDICAL COLLEGE &  
CIVIL HOSPITAL, KARACHI.  
August 1978.  
F.R.C.S. ROYAL COLLEGE OF  
SURGEONS GLASGOW. May 1987.**

**PRESENT POST** : **Professor, and Head of Department of  
ENT Head & Neck Surgery, Ziauddin  
Medical College since October 2003  
Dean Faculty of Health Sciences,  
Ziauddin Universty**

## PREVIOUS POSTS

Employer	Post held (with dates) & job description
<b>Karachi Medical &amp; Dental College</b>	<b>Professor, and Head of Department of ENT, Head &amp; Neck Surgery from August 2001 to October 2003. Vice-Principal (Clinical) &amp; Secretary Academic Council, KM&amp;DC</b>
<b>Karachi Medical &amp; Dental College</b>	<b>Associate Professor. From Nov. 1996 to August 2001. Head of E.N.T Department Abbasi Shaheed Hospital. November 1996 onwards.</b>
<b>Karachi Medical &amp; Dental College</b>	<b>Assistant Professor of E.N.T November 1991 to November 1996</b>
<b>Abbasi Shaheed Hospital</b>	<b>Consultant E.N.T Surgeon April 1989 to 1991.</b>
<b>Sligo General Hospital Republic of Ireland.</b>	<b>Locum Consultant E.N.T Surgery March 1988 to September 1988</b>
<b>Sligo General Hospital. Republic of Ireland.</b>	<b>Registrar in ENT Surgery. Feb. 1987 to March 1988.</b>
<b>Southend General Hospital, Essex. U.K</b>	<b>Registrar E.N.T Surgery July 1985 to August 1986.</b>

<p><b>St. Margret's Hospital Epping. Essex. U.K</b></p>	<p><b>Senior House Officer E.N.T Surgery July 1984 to July 1985.</b></p>
<p><b>Wordsley Hospital West Midlands. U.K</b></p>	<p><b>Senior House Officer General Surgery November 1983 to July 1984.</b></p>
<p><b>Regional Plastic &amp; Jaw Surgery Unit. Wordsley UK</b></p>	<p><b>Senior House Officer. Plastic Surgery. May 1983 to Nov. 1983.</b></p>
<p><b>Birmingham &amp; Midland Ear, Nose &amp; Throat Hospital. U K.</b></p>	<p><b>Senior House Officer ENT Surgery. Aug. 1982 to May 1983.</b></p>
<p><b>Stonehouse Hospital. Lanarkshire. U K.</b></p>	<p><b>Senior House Officer ENT Surgery. Aug. 1980 to Aug. 1981.</b></p>
<p><b>Dow Medical College &amp; Civil Hospital, Karachi.</b></p>	<p><b>House Officer in Gen. Medicine. March 1979 to Nov. 1979.</b></p>
<p><b>Dow Medical College &amp; Civil Hospital, Karachi.</b></p>	<p><b>House Officer in General Surgery. September 1978 to March 1979.</b></p>

## Courses and Conferences

- 1) **FRCS Part – I Course. London Dec. 1981.**
- 2) **23<sup>rd</sup> Glasgow Temporal Bone Course. May 1985.**
- 3) **Revision Course in Otorhinolaryngology. Edinburgh. Sept. 1986.**
- 4) **The Seventh British Academic Conference in Otolaryngology. Glasgow. 1987.**
- 5) **Course on Evoked Response Audiometry. Edinburgh. March 1988.**
- 6) **Nasal & Paranasal Sinus Surgery Course. Bristol. March 1988.**
- 7) **International Course on Laser, Head & Neck Surgery. Pakistan Society of ORL. 5<sup>th</sup> & 6<sup>th</sup> March 1990. Lahore.**
- 8) **10<sup>th</sup> Congress Pakistan Society of ORL. Head & Neck Surgery. March 1990. Lahore.**
- 9) **Advanced course on Functional Endoscopic sinus surgery. Aug. 1991. Vienna, Austria.**
- 10) **11<sup>th</sup> Conference on ORL. Pakistan Society of Otorhinolaryngology & Head & Neck Surgery. May 1991. Quetta.**
- 11) **8<sup>th</sup> British Academic Conference in Otolaryngology. Dublin. 1991.**
- 12) **12<sup>th</sup> Conference on ORL. Pakistan Society of Otorhinolaryngology & Head & Neck Surgery. 1992. Peshawar.**
- 13) **14<sup>th</sup> Pakistan National Dental Conference. Sept. 4-5, 1992 Quetta.**
- 14) **Conference on Hospital Standards & Accreditation. June 6-7, 1992, Islamabad.**
- 15) **Radiological Society of North America. Annual Congress. Nov – Dec. 1992. Chicago, USA.**
- 16) **2nd World Zoroastrian Dental Congress. 25-27 December 1992. Karachi.**
- 17) **13<sup>th</sup> Conference on ORL. Pakistan Society of Otorhinolaryngology & Head & Neck Surgery 1993. Karachi.**
- 18) **International Congress of Radiology. Jan. 1994. Singapore.**
- 19) **14<sup>th</sup> Conference on ORL. Pakistan Society of Otorhinolaryngology & Head & Neck Surgery. Quetta, Dec. 1995.**
- 20) **9<sup>th</sup> British Academic Congress of Otorhinolaryngology, July 1995. Manchester. United Kingdom.**

- 21) **National Conference on Medical Education. Organized jointly by WHO, Ministry of Health and Baqai University. December 2-5, 1995, Islamabad.**
- 22) **VIIIth Asia Oceania Congress of Otorhinolaryngology and Head & Neck Surgery. Dec. 1995. Quetta, Pakistan.**
- 23) **16<sup>th</sup> Conference on ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. Peshawar, Nov. 1997.**
- 24) **1<sup>st</sup> SAARC Conference on Otolaryngology. Dacca April 1998.**
- 25) **Workshop on Orientation of COME. Organized jointly by WHO & Ministry of Health. 8-10 Sept. 1999, Karachi.**
- 26) **COME Tutor Training Workshop. Organized by WHO & Ministry of Health. 20-22 Nov. 2001, Karachi.**
- 27) **3<sup>rd</sup> SAARC ENT Congress. & 17<sup>th</sup> Conference of ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. 16-18 December 2002. Lahore.**
- 28) **Workshop on Surgical Techniques in Head & Neck Surgery. March 7, 2003. Karachi.**
- 29) **PGME Conference. May 2004. AKUH. Karachi.**
- 30) **Advance Trauma Management Course. February 2004. Dow University of Health Sciences. Karachi.**
- 31) **XXIII EAACI Congress. 12-15 June 2004. Amsterdam. Netherlands.**
- 32) **First National Conference. Head & Neck Oncology Society of Pakistan. March 8-9. 2003 Karachi.**
- 33) **5<sup>th</sup> Biennial Symposium. Liaquat National Hospital. August 2004. Karachi.**
- 34) **Association of Medical Education in Europe Annual Conference. 5-8 September 2004. Edinburgh. UK.**
- 35) **Asia Pacific Regional Conference on Allergy & Immunology. 19-22 November. 2004, Mumbai, India.**
- 36) **First Hands on Course on FESS. 30-31 March 2005. AKUH, Karachi.**
- 37) **First Powered Endoscopic Sinus Surgery Course. 19-20 April 2005. LNH. Karachi.**
- 38) **18<sup>th</sup> National Conference of ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. 2-4 September 2005. Quetta. Pakistan.**
- 39) **2<sup>nd</sup> National Conference. Head & Neck Oncology Society of Pakistan. March 10-11. 2006, Karachi.**
- 40) **5<sup>th</sup> SAARC Otolaryngology Congress. 20-22 September 2006, New Delhi, India.**
- 41) **Workshop on FESS. 19<sup>th</sup> National Conference. PSORL and Head & Neck Surgery. November 2006, Lahore.**
- 42) **19<sup>th</sup> National Conference of Pakistan Society of Otolaryngology and Head & Neck Surgery. 16-18 November 2006. Lahore.**

- 43) **GCC Society of Otolaryngology and Head & Neck Surgery Annual Conference. 23-25 January 2007, Muscat, Oman.**
- 44) **Endoscopic Sinus Surgery Workshop. 8-9 June 2007. JPMC & Sindh Medical College, Karachi.**
- 45) **21<sup>st</sup> National Conference Pakistan Society of Otorhinolaryngology Head and Neck Surgery. 12 to 16 November, 2008, Karachi**
- 46) **Haematology Oncology Update 28<sup>th</sup> March 2009, Karachi**
- 47) **Dow University Health Expo, Seminar on Eye and ENT, October 3, 2009 Expo Centre Karachi**
- 48) **Current Concepts in Head and Neck Surgery and Oncology, October 7 to 9, 2010, Antalya, Turkey.**
- 49) **23<sup>rd</sup> National Conference of Pakistan Society of Otorhinolaryngology Head and Neck Surgery, December 09 to 11, 2011, Peshawar.**
- 50) **7<sup>th</sup> SAARC ENT Conference, 25 to 27 May 2011, Kathmandu, Nepal.**
- 51) **PMDC Workshop Training and Certifying for Master Inspectors and Convenors, 7<sup>th</sup> April, 2012, Islamabad.**
- 52) **CPSP Golden Jubilee Conference November 2012, Karachi**
- 53) **24<sup>th</sup> National Conference of Pakistan Society of Otorhinolaryngology Head and Neck Surgery, 14 to 16 December 2012 Karachi.**
- 54) **8<sup>th</sup> SAARC ENT Congress 19 to 21 December 2013, Karachi. Chairman Scientific Committee.**
- 55) **15<sup>th</sup> Rhinoplasty Workshop and Advanced FESS and 6<sup>th</sup> ISFPRS Conference 18 to 20 September Pattaya, Thailand**
- 56) **PMDC and HEC National Curriculum Revision Committee Meeting, 16 to 17 February 2015, Islamabad.**
- 57) **18<sup>th</sup> National health Sciences Research Symposium CANCER Promoting Comprehensive Care, Speaker. February 25 to 26 2015, AKUH, Karachi**
- 58) **Head and Neck Cancer CME AKUH. Faculty, November 7 2015, Karachi**
- 59) **25<sup>th</sup> National Conference of Pakistan Society of Otorhinolaryngology head and Neck Surgery, 5 to 6 December Islamabad.**
- 60) **International Conference on Transnational Medicine, February 1 to 3, 2016, Ziauddin University, Karachi.**
- 61) **3<sup>rd</sup> Annual surgical week for Endocrine Disease, 28 to 31 March, 2016, JPMC, Karachi.**
- 62) **13<sup>th</sup> Annual Middle East Update in Otolaryngology Conference and Exhibition Head and Neck Surgery, 24 to 26 May 2016, Dubai, UAE.**
- 63) **AAO HNSF Annual Meeting and Oto Expo 18 to 21 September, 2016, San Diego CA, USA.**

- 64) **AAO HNSF Annual Meeting and Oto Experience September 10 to 13, Chicago IL, USA/**

## **Presentations**

1. **“Role of CO<sub>2</sub> Laser in Otolaryngology & Head & Neck Surgery”. Presented at the 10<sup>th</sup> Congress Pakistan Society of ORL. March 1990. Lahore.**
2. **“Inhalation of foreign Bodies in children”. Presented at the 11<sup>th</sup> Conference of Pakistan of Otolaryngology. May 1991. Quetta.**
3. **CO<sub>2</sub> Laser Partial Posterior Cordectomy in Bilateral Abductor Paralysis”. Presented at 12<sup>th</sup> Congress of Pakistan Society of Otorhinolaryngology. At Peshawar, 1992.**
4. **“Paramedian mandibular Osteotomy” Presented at the World Zoroastrian Congress Karachi. 1993.**
5. **Role of CO<sub>2</sub> Laser in diseases of Oral Cavity. Presented at Annual Congress of Pakistan Dental Society. Quetta 1993.**
6. **“Role of CO<sub>2</sub> laser in Posterior Cordectomy”. Presented at the JPMC Annual Symposium Karachi 1993.**
7. **“Management of Parotid Tumours” Presented at 13<sup>th</sup> Congress of Pakistan Society of Otorhinolaryngology. Karachi 1993.**
8. **“Use of Flexible Fibreoptic Nasotracheal Intubation”. 15<sup>th</sup> Congress of Pakistan Otorhinolaryngology. Quetta 1995.**
9. **“Complications Following Surgery for Parotid Gland Tumours” Presented at 15<sup>th</sup> Congress of Pakistan Society of Otorhinolaryngology. Quetta 1995.**
10. **“Orbital Involvement in Allergic Aspergillus Sinusitis” presented at Annual Conference of Pakistan Society of Ophthalmology. Karachi. July 1995.**
11. **“Allergic Aspergillus Sinusitis” presented at the Asia Oceania Congress on Otorhinolaryngology. Quetta. Dec. 1995.**
12. **“Role of Fine Needle Aspiration Cytology in Parotid Lumps” Presented at the 15<sup>th</sup> ORL Congress. Pakistan Society of Otorhinolaryngology & Head & Neck Surgery. Peshawar, November 1997.**
13. **“Management of Malignant Parotid Gland Tumours” Presented at the Sixth International Oncology Conference. Karachi, March 25 – 26 1998.**
14. **“Fine Needle Aspiration Cytology in Salivary Gland Tumours”, Presented at the 1<sup>st</sup> SAARC Conference in Otolaryngology, April 1998.**



15. "Vascular Tumours of Head & Neck". 3<sup>rd</sup> SAARC ENT Congress. & 17<sup>th</sup> Conference of ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. 16-18 December 2002. Lahore.
16. "Morphology of Parotid Gland Tumours" 3<sup>rd</sup> SAARC ENT Congress. & 17<sup>th</sup> Conference of ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. 16-18 December 2002. Lahore.
17. "Malignant Parotid Gland Tumours". First National Conference. Head & Neck Oncology Society of Pakistan. March 8-9. 2003 Karachi.
18. "Use of Simulated Patients in Undergraduate Medical Education." Association of Medical Education in Europe Annual Conference. 5-8 September 2004. Edinburgh. UK.
19. "Free Flap Reconstruction for Composite Oromandibular Defects". 18<sup>th</sup> National Conference of ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. 2-4 September 2005. Quetta. Pakistan.
20. "Use of Local Flaps in Facial Reconstruction". 18<sup>th</sup> National Conference of ORL. Pakistan Society of Otolaryngology & Head & Neck Surgery. 2-4 September 2005. Quetta. Pakistan.
21. "Management of Neck in Oral Cancer". 2<sup>nd</sup> National Conference. Head & Neck Oncology Society of Pakistan. March 10-11. 2006, Karachi.
22. "Facial Nerve Morbidity Following Surgery for Benign Parotid Gland Tumours". 5<sup>th</sup> SAARC Otolaryngology Congress. 20-22 September 2006, New Delhi, India.
23. "Parotid Gland Tumours-10 years Experience. 19<sup>th</sup> National Conference of Pakistan Society of Otolaryngology and Head & Neck Surgery. 16-18 November 2006. Lahore.
24. "Role of FNAC in Salivary Gland Tumours". GCC Society of Otolaryngology and Head & Neck Surgery Annual Conference. 23-25 January 2007, Muscat, Oman

# **Publications**

1. S.M. Haider, A.Zafar, S. Malik, S. Mansoor, “Fiberoptic Nasotracheal Intubation in patients presenting with severely restricted mouth opening” : a prospective study. *Pakistan Journal of Otolaryngology* 1996. 12:211 – 213.
2. A. Zafar, M. Shafi, Irshad N. Soomro, “ Fine Needle Aspiration Cytology. SPECIALIST”. Jan – March 1997, vol. 13 No. 2, 181 – 185.
3. A. Zafar , M Shafi, Sheema H. Hassan, Shoukat Malik, “ Fine Needle aspiration Cytology in Parotid Lumps”. *Journal of Pakistan Medical Association*. Vol. 47, No. 7, July 1997. 188 –190.
4. A. Zafar, M. Shafi , Shaukat Malik, Shahid Pervaiz, “Ossifying Fibroma of Nasal Cavity”. *Journal of the Pakistan Medical Association*. Vol. 47, No. 12. December, 1997, 312 – 313.
5. A. Zafar, S.M Shaiq, M. Shafi, Rana Tauqir, “An unusual foreign body lodged in throat”. *SPECIALIST*, Oct-Dec 1997, Vol. 14 No. 1, 91 – 93.
6. A. Zafar, Z. Suhail, Raziuddin Ahmed, S. Malik, Q. Sajjad. “Ten Years Experience of Tracheo-bronchial foreign bodies in children”. *The Medical Spectrum* ,Vol. 21(9), Sept. 2000: 14 – 18.
7. A. Zafar, A., Rana A Tauqir, Sohail, Z., Malik S. “Parapharyngeal Tumour presenting as Acute Airway Obstruction”. *Journal of the Pakistan Medical Association*. Vol. 51, No. 7 July 2001, 264-65.
8. Nausheen Yaqoob, Irshad Soomro, Tariq Moatter, Abbas Zafar. “Coexistence of benign schwannoma and lymphoma in nasal polyp”. *The Journal of Laryngology and Otology*. October 2002., Vol. 116 pp.865-867.
9. Musani.A, Gulnaz Khalid, A. Zafar, Tahira Mansoor, Saeed A Sheikh. “Micropathogens in Chronic Suppurative Otitis Media. An Experience of 208 pus Cltures at Abbasi Shaheed Hospital”. *Annals of Abbasi Shaheed Hospital and Karachi Medical & Dental College*. Vol. 10(2). 2005.. 723-28.
10. Mohammad Ayub Musani, Zahid Sohail, Abbas Zafar and Shoukat Malik. “Morphology of Parotid Gland Tumours”. *Journal of College of Physicians and Surgeons Pakistan* 2008. Vol. 18 (5):274-277.
11. Zahid Sohail, Ayub Musani, Raziuddin Ahmed, Abbas Zafar. “Surgical Mamageent opf CSOM in a tertiary care Hospital”.

- Pakistan Journal of Otolaryngology Head & Neck Surgery: 2008;24:36-37**
12. **Zahid Suhail, M Ayub Musani, Salman Afaq, Abbas Zafar, S Khalid Ashrafi. Follicular Dendritic Cell Sarcoma of Tonsil. Journal of the College of Physicians and Surgeons Pakistan, 2010. Vol 20 1 55 to 56**
  13. **Arshia Naqvi, Abbas Zafar. Evaluation of Student Performance in Elective Training in Clinical Disciplines. Journal of the College of Physicians and Surgeons Pakistan, 2012 Aug: 22(8) 545-6**
  14. **M Ayub Musani, Abbas Zafar, Zahid Suhail, Shaukat Malik, Daud Mirza. Facial Nerve Morbidity Following Surgery for Benign Parotid Tumours. Journal of the College of Physicians and Surgeons Pakistan 2014. Vol 24 8 569 to 572.**
  15. **Arshia Samin Naqvi, Abbas Zafar. Impact of Academic Interventions On Students Performance in Electives. Pakistan Journal of Medicine and Dentistry 2015, vol 4 3, 25 to 29.**

## **WORKSHOPS ATTENDED AT THE COLLEGE OF PHYSICIANS AND SURGEONS.**

1. **Education Planning and Evaluation.**
2. **Teaching Skills. November 1994**
3. **MCQ's Development and Administration.**
4. **Evaluation of Clinical competence.**
5. **Community Oriented Medical Education & Problem Based Learning.**
6. **Accreditation & Quality Assurance in Medical Education.**
7. **Issues involved in Post-graduate Medical Training. January 1999.**
8. **Workshop on Curricular Models for Postgraduate Medical Education. 26-28 October 1999.**
9. **Workshop on Quality Assurance & Standard Setting in Postgraduate Medical Education. 29-30 October 1999.**
10. **Research Methodology, Biostatistics and Medical writing.**
11. **Surgical Skills. September 2002**
12. **Workshop. RMBMW. September 2002**
13. **Moot on Quality Assurance in Fellowship Training Programme. July 2001.**
14. **National Strategic Plan for COME. September 2004.**
15. **Workshop on Capacity Building of CME Facilitator/Faculty under JPRM. July 2007.**

## **Supervisor & Examiner.**

- 1) **University of Karachi**
- 2) **Aga Khan University**
- 3) **Supervisor and Examiner in Otolaryngology. College of Physicians & Surgeons of Pakistan.**
- 4) **Baqai Medical University**
- 5) **Dow University of Health Sciences**
- 6) **Dow University of Health Sciences**