

Curriculum vitae

Name : Raj Kumar MEHTA
Date of Birth : 21st October 1974
Sex : Male
Father's name : Shri Bindeshwari Mehta
Marital status : Married
Nationality : Nepalese
Languages Known : Nepali, English, Maithili and Hindi



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Chitwan Medical College Teaching Hospital (Affiliated to Tribhuvan University), Bharatpur-10, Chitwan, Nepal

Current Position:

Raj Kumar Mehta, MSN (Critical Care), AIIMS, New Delhi; PhD Persuing
Professor

Department of Medical Surgical/Adult Health Nursing
Head of Department (HOD)

Department of Nursing Research
Chairperson

Research (Thesis) Committee - Nursing
Member-Secretary

Institutional Review Committee (CMC-IRC)
Editorial Board Member

Journal of Chitwan medical College (JCMC)

Academic Committee member of CMC

Hospital Nursing Supervision Committee Member of CMC

Current Job at CMC:

- ✓ Teaching Scientific Research Methods, guiding & supervising research/thesis to Post Graduate (MN, MPH, MD, MS, MDGP, MSc Basic Science- Tribhuvan University), HIEM-ITR resident (QiMET International, UK) and PCCM Fellowship residents (Pulmonary and Critical Care Medicine, Cardiology & Gastroenterology- Lincoln

- University, Malaysia), FCPS Fellowship residents (College of Physicians & Surgeons, Pakistan)
- ✓ Teaching Medical-Surgical, Critical Care, Nursing Management/ Hospital Administration, Nursing Education/ Medical Education to UG/PG Nursing students
 - ✓ Coach for **MicroResearch** International, Dalhousie University Canada and Chitwan Medical College (CMC is only one centre in Asia – delas with multidisciplinary research among multidisciplinary faculty members)
 - ✓ Organizing workshop on Scientific Research Methods for Faculty members/ PG students periodically
 - ✓ Regular departmental (Research) activities from policy to execution
 - ✓ Regular CMC-IRC activities
 - ✓ Ethical Review of Research/Thesis Proposals (>300/Year)
 - ✓ Research article review of JCMC, JNHRC and Reviewer for many other reputed indexed journals
 - ✓ Resource person for many researches' workshops/ Critical care workshop/ Hospital management workshop/ Faculty development workshop etc
 - ✓ External Examiner for UG and PG at different Universities (TU, BPKIHS, KU, PU, CTEVT)

Personal and professional characteristics: Keys of success

- Sound knowledge
- Ethical practice
- Evidence Based Practice
- Innovative
- GCP (Good Clinical Research Practice) Certified
- Hard working
- Punctuality
- Teamwork
- Continuous Improvement

Educational Qualification :

SN	Year	Programmme	Board/University	Division
1	January 2020	PhD Research Fellow	Lincoln University, Malaysia	-
2	June 2007	M. Sc. Nursing (Critical Care)	All India Institute of Medical Sciences (AIIMS), New Delhi, India.	First

3	August 2000	B. Sc (Hons.) Nursing	BPKIHS, Dharan, Nepal	First
4	June 1994	I.Sc.	BIEC, Patna, India	First
5	August 1991	SLC	HMGN, Nepal	First

Professional Experience:

SN	From	To	Employer	Designation
1.	23 rd August 2000	4 th January 2001	Nepalgunj Medical College Teaching Hospital, Nepalgunj	<i>Nursing Officer/ Assistant Lecturer</i>
2.	14 th January 2001	22 nd April 2002	Tansen Nursing School, Palpa (A joint program of CTEVT & United Mission To Nepal)	<i>Assistant Lecturer</i>
3.	15 th May 2002	15 th October 2004	Madan Memorial Academy Nepal Nursing Campus, Morang, Nepal	<i>Program Coordinator/ Instructor</i>
4.	1 st November 2004	12 th July 2007	Birat Health College & Research Center, Biratnagar, Nepal	<i>Program Coordinator/ Assistant Lecturer</i>
5.	16 th July 2007	15 th July 2012	Koshi Health Institute & Koshi Health and Science Campus, Biratnagar-14, Morang.	<i>Lecturer</i>
5a.	16 th July 2012	15 th May 2014	Koshi Health Institute & Koshi Health and Science Campus Biratnagar-14, Morang.	<i>Associate Professor</i>
6.	17 th Nov 2009	16 th Nov 2010	Nobel Medical College Teaching Hospital and Research Center (NMCTHRC), Biratnagar	<i>Chief Nursing Program, Chief Nursing Service & Paramedical Program Coordinator (part time assignment)</i>
7.	13 th January 2013	5 th June 2014	MediEscort Hospital Pvt. Ltd., and MediEscort School of Health Sciences Dulari, Morang	<i>Nursing Director (part time assignment)</i>
8.	18 th May 2014	17 th August 2019	Chitwan Medical College (Affiliated to TU), Bharatpur-10, Chitwan	<i>Associate Professor</i>
8a.	18 th May 2014	Till date	Chitwan Medical College Teaching Hospital, Bharatpur-10, Chitwan	<i>Additional Responsibility as Clinical Supervisor of Department of Critical Care Units</i>

8b.	13 th April 2017	Till date	Chitwan Medical College (Affiliated to TU), Bharatpur-10, Chitwan	Head, Department of Nursing Research, Education and Management
8c.	31 st May 2017	Till date	Chitwan Medical College (Affiliated to TU), Bharatpur-10, Chitwan	Chairperson, Research/Thesis Committee
8d.	27 th Nov 2017	Till date	Micro Research International, Dalhousie University, Canada & Chitwan Medical College (CMC)	Coach & Co-Teacher For Asia
8e.	25 th April 2017	Till date	Chitwan Medical College Teaching Hospital (Affiliated to TU), Bharatpur-10, Chitwan	Member CMC-IRC
8f.	22 nd Sep 2018	Till date	Chitwan Medical College Teaching Hospital (Affiliated to TU), Bharatpur-10, Chitwan	Member-Secretary CMC-IRC
8g.	April 2019	Till date	Chitwan Medical College Teaching Hospital (Affiliated to TU), Bharatpur-10, Chitwan	Editorial Board Member JCMC
9.	18 th August 2019	Till date	Chitwan Medical College Teaching Hospital (Affiliated to TU), Bharatpur-10, Chitwan	Professor

Details of Publication:

SN	Published article	Name of the Journal	
		Indexed /Non-indexed	I.F.
1	A Retrospective Study Of Road Traffic Accident (RTA) Cases Admitted To B.P. Koirala Institute Of Health Sciences (BPKIHS) Dharan, Nepal	Official Journal of Nepal Nursing Council (JNNC) (Peer Reviewed-Indexed)	-

2	A Study to Evaluate Predictors of Mortality in Mechanically Ventilated Patients Using APACHE II and SAPS II	CONNECT: The World Federation of Critical Care Nursing Journal (Peer Reviewed-Indexed)	-
3	Health Related Quality of Life of Diabetic Patients Visited in Koshi Zonal Hospital Biratnagar	Journal of Chitwan Medical College (JCMC) (Peer Reviewed-Indexed)	-
4	Knowledge, Attitude and Practice of Self-Medication among Medical Students	IOSR Journal Of Nursing and Health Science (IOSR-JNHS) (Peer Reviewed-Indexed)	4.59
5	Stress among Nurses Working in Critical Care areas at a Tertiary Care Teaching Hospital Nepal	Journal of Chitwan Medical College (JCMC) (Peer Reviewed-Indexed)	-
6	Work Place Violence among Health Personnel Working in Tertiary Health Care Institution of Nepal	International Journal of Multidisciplinary Research and Development (IJMRD) (Peer Reviewed-Indexed)	3.762
7	Knowledge and Attitude regarding Emergency Contraception among Higher Secondary Students	IOSR Journal Of Nursing and Health Science (IOSR-JNHS) (Peer Reviewed-Indexed)	4.59
8	Epidemiological Study on Road traffic Accident Cases reporting to a Tertiary Care Government Hospital	International Journal of Multidisciplinary Research and Development (IJMRD) (Peer Reviewed-Indexed)	3.762
9	Level of Depression among Family Care Givers of Cancer Patients	IOSR Journal Of Nursing and Health Science (IOSR-JNHS) (Peer Reviewed-Indexed)	4.59
10	Fatigue Experience and Coping Strategies among Cancer Patients receiving Chemotherapy at Cancer Hospital, Chitwan	Abstract Book, Nepal Health Research Council (NHRC), 10-12 April, 2017, Kathmandu, Nepal 3 rd National Summit of Health and Population Scientists in Nepal	-
11	Perception towards Clinical Learning Environment among Nursing Students of	Abstract Book, NANCON 2017, 13 th National Conference of Nursing	

	Medical College Teaching Hospital at Chitwan	Association of Nepal at B.P. Koirala Institute of Health Sciences, Dharan Nepal	-
12	Knowledge Regarding Chest Physiotherapy among Nurses working in Critical Care Unit at a Teaching Hospital, Chitwan	Abstract Book, NANCON 2017, 13 th National Conference of Nursing Association of Nepal at B.P. Koirala Institute of Health Sciences, Dharan Nepal	-
13	Effect of <i>Cucumis sativus Linn.</i> in Liver Pathogenicity of Alloxan Induced Diabetic Rat	Acta Scientific Medical Sciences Journal (Peer Reviewed-Indexed)	-
14	Fatigue Experience and Coping Strategies among Cancer Patients receiving Chemotherapy at Cancer Hospital, Chitwan	J Nepal Health Res Counc 2018 Jul-Sep;16(40): 285-90 (Peer Reviewed-Indexed)	-
15	Knowledge, Adherence and Barriers towards the Prevention of Ventilator Associated Pneumonia among Nurses	International Journal of Science and Research (IJSR) (Peer Reviewed-Indexed)	7.296 ICV (2016) 79.57
16	Medical Students' Perception Regarding Objective Structured Clinical Examination in Medical College, Chitwan	Journal of Chitwan Medical College (JCMC) (Peer Reviewed-Indexed)	-
17	Family Satisfaction with Care of Intensive Care Unit in Nepal	International Journal of Multidisciplinary Research and Development (Peer Reviewed-Indexed)	5.72
18	Critical Care Nurses' Views on Handover in Chitwan	CONNECT: The World Federation of Critical Care Nursing Journal (Peer Reviewed-Indexed)	-
19	Psychological Impact and Coping Strategies of Nursing Students during the Outbreak of Coronavirus Disease in Nepal	Asian journal of Multidisciplinary Studies (Peer Reviewed-Indexed)	1.498
20	Hospital Solid Waste Management During Covid-19 Pandemic in Nepal	Journal of Chitwan Medical College (JCMC) (Peer Reviewed-Indexed)	-

New Project in Pipeline:

1. A community-based panel (Cohort) study of heavy-load carrying and risk of musculoskeletal and reproductive disorders among Nepalese women.
2. Nutritional Assessment and Factors Associated with Malnutrition Among the Elderly Population of Nepal in the Perspectives of COVID-19 Pandemic.
3. Laboratory Parameters in detection of Confirmed RT-PCR COVID-19 Patients: A Prospective Cohort Study
4. The Implementation of Survival Sepsis Campaign (SSC) Hour-One Bundle on the Outcome of Patients with Sepsis in Emergency & Intensive care Units of Chitwan Medical College Teaching Hospital
5. Prognostic Accuracy of the SOFA Score and qSOFA Score for In-Hospital Mortality Among Adults with Suspected Infection Admitted to the Emergency & Intensive Care Units of Chitwan Medical College Teaching Hospital
6. Prognostic Property of Serum Lactate (as a Predictive Biomarker) in Critically Ill Patients Admitted at Emergency and Intensive Care Units of Chitwan Medical College Teaching Hospital

✿ Major Job Responsibilities at Nobel Medical College Teaching Hospital and Research Center (NMCTHRC), Biratnagar

- ✓ Policy formulation
- ✓ Administrative management
- ✓ Drafting academic proposals for different nursing and paramedical program at all levels up to post graduate level
- ✓ Coordinating with Ministry of Education, Nepal Nursing Council, Nepal Health Professional Council, Kathmandu University, CTEVT and other related stake holders.
- ✓ Designing and establishing of ICU, CCU, Dialysis, O.T's, Emergency, indoors, nursing laboratories, Science laboratories
- ✓ Academic management and teaching of MN, B.Sc nursing and Bachelor in nursing sciences (BNS) program.
- ✓ Clinical supervision/teaching of nursing staff, other allied staff and supportive staff.

✿ Major Job Responsibilities at MediEscort Hospital and MediEscort School of Health Sciences, Dulari, Morang, Nepal

- ✓ Policy formulation
- ✓ Administrative management
- ✓ Hospital Management
- ✓ Academic Management
- ✓ Drafting academic proposals for different nursing and paramedical program at all levels up to post graduate level
- ✓ Coordinating with Ministry of Education, Nepal Nursing Council, Nepal Health Professional Council, University, CTEVT and other related stake holders.
- ✓ Designing and establishing of ICU, CCU, O.T's, Emergency, indoors, Science laboratories
- ✓ Clinical supervision/teaching of medical/nursing personnel, other allied staff and supportive staff.

Training:

- ❖ Instructional skills (TOT) - completed from Training Institute for Technical Instruction (TITI), Nepal from 18th June to 10th July 2001.
- ❖ Management skills and supervision of instruction training completed from Training Institute for Technical Instruction (TITI), Nepal from 11th July to 15th July 2005.
- ❖ Training programme for prevention, control & management of HIV/AIDS for nurses organized by Department of Medicine, AIIMS, UCLA, USA and Delhi State AIDS control society 8th – 9th October, 2006, AIIMS, New Delhi.
- ❖ Training on Research Methodology organized by College of Nursing, B.P. Koirala Institute of Health Science, supported by University Grant Commission (UGC) SHEP, from 3rd March 2013 to 7th March, 2013.
- ❖ Training course in Critical Care Nursing Skills organized by CCNEPal, supported by CNE Planet, from 12th July 14th July.

- ❖ Participated one day Training workshop on Introduction to **Good Clinical Research Practice (GCP)** organized by **Nepal health Research Council (NHRC)**, Kathmandu on 10th June, 2019
- ❖ Participated one day “Webinar Scopus Training: Tricks & Tips to publish in Scopus Index” organized by Graduate Students’ Association, GSA in Collaboration with Kelab Pasca siswazah Fakulti Pendidikan Teknikal dan Vokasional (KEPSIS), UTHM, Malaysia on 21 December 2020.

Workshop Organized:

- ❖ Critical Care Nursing Update for ICU Nurses of AIIMS on 29th – 30th November, 2006.
- ❖ Organizational Behavior and Effective Management by College of Nursing AIIMS for nurse managers from various hospitals of Delhi for 10 days in collaboration with Ministry of Health and Family Welfare, India.
- ❖ Workshop on Domestic Violence Act, for the staff and faculty of AIIMS.
- ❖ As a **Coach & Co-Teacher** for **Micro Research Workshop** conducted in collaboration with Chitwan Medical College, Nepal and **Micro Research International, Canada** from Nov 27 – Dec 5, 2017 and **earned 14.0 Educational Credit Points** by Nepal medical Association.
- ❖ Faculty Development Workshop on “Research Proposal: A Refresher Program” for all nursing faculties of CMC organized by Department of Nursing Research, Education and Management (NREM), Chitwan Medical College on 27th June, 2018.
- ❖ As a **Coach & Co-Teacher** for **Micro Research Workshop** conducted in collaboration with Chitwan Medical College, Nepal and **Micro Research**

- International, Canada** from September 11 – 21, 2018 and **earned 14.0 Educational Credit Points** by Nepal medical Association.
- ❖ Workshop for PG Resident (MD/MS) and Hybrid International Emergency Medicine – International Trainee Resident (HIEM-ITR) on **“Research Proposal Development: An Overview”** organized by Chitwan Medical College – Institutional Review Committee (CMC-IRC) on 19-20th of July, 2019.
 - ❖ Workshop for PG Resident (MD/MS) and Hybrid International Emergency Medicine – International Trainee Resident (HIEM-ITR) on **“Research Proposal Development: An Overview”** organized by Chitwan Medical College – Institutional Review Committee (CMC-IRC) on 11-12th of July, 2020.
 - ❖ Workshop for Clinical Thesis Supervisor (PG Resident (MD/MS) and Hybrid International Emergency Medicine – International Trainee Resident (HIEM-ITR) Guides) on **“How to Guide Thesis Proposal Development and Report writing”: An Overview”** organized by Chitwan Medical College – Institutional Review Committee (CMC-IRC) on 20th of February, 2021.
 - ❖ Workshop for PG Resident (MD/MS) and Hybrid International Emergency Medicine – International Trainee Resident (HIEM-ITR) on **“Research Proposal Development: An Overview”** organized by Chitwan Medical College – Research Unit and Institutional Review Committee (CMC-IRC) on 25-26th of June, 2021.
 - ❖ Workshop for PG Resident (MD/MS) and Hybrid International Emergency Medicine – International Trainee Resident (HIEM-ITR) on **“Research Proposal Development: An Overview”** organized by Chitwan Medical College – Research Unit and Institutional Review Committee (CMC-IRC) on 9-10th of July, 2021.

Workshop Attended:

- ❖ Prevention and management of HIV for United Mission Employees for 2 days at United Mission Hospital, Tansen, Palpa on 22nd-23rd March, 2002.
- ❖ Strategies for prevention from smoking on 15th -17th September, 2003 at District Public Health Office, Jhapa in collaboration with Ministry of Health, Nepal
- ❖ A workshop on Poly trauma management in hospital and beyond on 3-4th February, 2002 at B.P. Koirala Institute of Health Sciences Dharan, Nepal
- ❖ 20th congress of Asian Association of Pediatric Surgeons, workshop on Pediatric Intensive Care Nursing, AIIMS, New Delhi, India on November 12th, 2006.
- ❖ Workshop on Pediatric Intensive Care Nursing 20-21st November, 2006 organized by College of Nursing and Department of Pediatrics, AIIMS.
- ❖ Mental health nursing update for nurses of AIIMS on 2nd-3rd December, 2006.
- ❖ Workshop on clinical course development of B.Sc. Nursing program organized by Pokhara University on 8-11th February, 2008.
- ❖ Sensitization Workshop on Health care Waste Management at Municipality Level organized by SEAM-N Nepal, Nepal Kidney Foundation Kathmandu and Biratnagar Sub-Metropolitancy , Biratnagar on 2066-11-21.
- ❖ Workshop on “**Research Methodology**” organized by Chitwan Medical College – Institutional Review Committee, supported by Nepal Health Research Council (NHRC), from 17 November, 2014 to 19 November, 2014.
- ❖ Teachers’ Training Faculty Development Workshop “Embracing **Innovations for Enhancing Students’ Learning**” conducted by Health Professional Education and Research Centre (HPERC), Chitwan Medical College (CMC) in association with National Center for Health Professional Education (NCHPE), TUIOM, Kathmandu from February 27- March 03, 2016.

- ❖ A workshop on “**Development of Simulation based Educational Course**” conducted at Chitwan Medical College, Nepal in collaboration with College of Medicine, **The Catholic University of Korea** on June 17, 2018.
- ❖ As a **Resource person/ Facilitator / Organizing secretary** for Faculty Development Workshop on “Research Proposal: A Refresher Program” for all nursing faculties of CMC organized by Department of Nursing Research, Education and Management (NREM), Chitwan Medical College on 27th June, 2018.
- ❖ Update on Respiratory Medicine & Workshop on Management of Acutely Unwell, Deteriorating Patients in collaboration with Royal College of Physicians, SIMON and HExN on November 3-4, 2018, Bharatpur, Nepal
- ❖ Participated Two-day online workshop and hands on practice on “**Systematic Review & Meta-Analysis and Hands-on in revMan/R(EZR) Software**” organized by Biostatistical Consultancy Center (BCC), India during 20-21, June 2020.
- ❖ Participated Two-day online workshop and hands on practice on “**Systematic review & Protocol writing**” organized by Biostatistical Consultancy Center (BCC) during 18-19, July 2020.
- ❖ Participated in the Two-day online workshop on “**Fundamentals of Biostatistics & Hypothesis testing and hands-on in SPSS software**” organized by Biostatistical Consultancy Center (BCC) during 25-26, JULY 2020
- ❖ Participated the webinar on “**Overview of Mechanical Ventilation: Nursing Perspectives**” on 4.9.2020 conducted by Ved Nursing College & Prem Institute of Medical Sciences, India
- ❖ Participated one day online workshop on “**Searching and Critiquing the research literature**” and **earned 1.0 CPD Points** by Royal College of Nursing, The world

- continuing education Alliance and Nepal Nursing Council on 17th September 2020.
- ❖ Participated one day online workshop on “Management of Critical Care patients with COVID 19” and **earned 0.5 CPD Points** by Aga Khan University, School of Nursing & Midwifery, the world continuing education Alliance and Nepal Nursing Council on 17th September 2020.
 - ❖ Participated in the One-day online workshop on “**validity of Diagnostic Tests & Agreement Analysis and Hands-on in SPSS Software**” organized by Biostatistical Consultancy Center (BCC) on 27 September 2020.
 - ❖ Participated in the one-week “**Training workshop on Health Research Methodology**” and **earned 18.0 points** CPD organized by Nepal health Research Council (NHRC) on 27 September – 02 October 2020.
 - ❖ Participated in the webinar session on “Organizing and Presenting Findings – An International Seminar Series for Postgraduate and Doctoral Students” organized by University Putra Malaysia Bintulu Sarawak campus (UPM) on 17th November 2020.
 - ❖ Participated in the online International Mega webinar on “Common Question Asked During Doctoral Level Viva Voce: Tips and tricks to Tackle Them” organized by Universiti Tun Hussein Onn Malaysia (UTHM) on 5th December 2020.
 - ❖ Attended a workshop on “**Harnessing Big data in Enhancing Public Health Research**” organized by American Society for Microbiology and UTHM, Johor, Malaysia on 5th December 2020.
 - ❖ Attended a workshop and completed the module on “**Building Trust and Engagement in Peer Review**” organized by **Researcher Academy, Elsevier** on 29th of January, 2021.
 - ❖ Attended **SMART PLS Workshop** Organized by Center of Graduate Studies (CGS), Graduate Student Association (GSA) in collaboration with Postgraduate Society of Faculty of Technology Management & Business, FPTP (FOTEPS), UTHM - Malaysia on 30th January 2021.

- ❖ Attended a workshop and completed the module on “**How to design effective figures for review articles**” organized by **Researcher Academy, Elsevier** on 06th of February, 2021.
- ❖ Participated Online Sharing Session: Managing Information, Data and Experience into Constructed Knowledge Organized by UTHM Malaysia on 31st January 2020.
- ❖ Participated in the **E-Workshop On “Data Analysis Using Statistical Package for the Social Sciences (SPSS)”** Organized by **UTHM, UPM, Daffodil University** on 20 February 2021.
- ❖ Participated in the **E-Workshop On “Data Analysis Using Statistical Package for the Social Sciences (SPSS)” Session-2** Organized by **UTHM, UPM, Daffodil University** on 13 March 2021.
- ❖ Participated training workshop on “**Ethical Review Process of Health Research**” and **earned 9.45 CPD Credit Points** by Nepal Health Research Council (NHRC) Kathmandu on 16-18th May 2021.
- ❖ Participated “**Training of trainers’ workshop on Qualitative Methods and Data Analysis Process in Health Research**” and **earned 18.0 CPD Credit Points** by Nepal Health Research Council (NHRC) Kathmandu, Nepal on 30 May – 04 June 2021.
- ❖ Participated “**Training workshop on Systematic Review and Meta-Analysis**” and **earned 18.0 CPD Credit Points** by Nepal Health Research Council (NHRC) Kathmandu, Nepal on 13 -18 June 2021.
- ❖ Participated in online webinar on “**ABC of Biostatistics**” by Ramakrishna Mission Sevashram Vivekananda College of Nursing, Vivekananda Puram, Lucknow, India on 03-06th July 2021.
- ❖ Participated one week online National Workshop on “**Time Series Analysis & Biostatistics**” Organized by Science Tech Institute, Lucknow, U.P. India on 12-18 July 2021

Conferences Attended:

- ❖ Indo-US Emergency Medicine Summit on 22-23rd October, 2005, AIIMS, New Delhi, India.

- ❖ International symposium on cardiovascular diseases, stroke and Diabetes (February 17th-18th, 2006) organized by Department of Cardiology, Neurology & Endocrinology, AIIMS, New Delhi, India.
- ❖ Participating in Disaster Work Shop I & II, Indo-US Emergency Medicine Summit on 27th September to 1st October, 2006, organized by Division of Emergency Medicine, AIIMS, New Delhi, India.
- ❖ Participated in case management competition on 1st October, 2006 organized by Division of Emergency Medicine, AIIMS, New Delhi, India.
- ❖ Centenary Commemoration of Alzheimer's Disease & 12th Annual conference of Alzheimer's and Related Disorders Society of India held at AIIMS, New Delhi, on November 9-11, 2006.
- ❖ 7th Asian Cardiac Nursing Conference on 20-22nd February, 2007 at India Habitat Centre organized by ESCORTS Heart Institute and Research Centre, New Delhi, India.
- ❖ International Patient Safety Conference on 1st- 3rd October, 2010 at AIIMS, New Delhi organized by AIIMS New Delhi, University of LEEDS, UK and National Patient Safety Foundation (NPSF), USA.
- ❖ Participated in scientific session on the occasion of 12th National Conference with the theme: "Nurse: A Force For Change-A Vital Resource For Health" on May 12th-13th, 2014 Kathmandu organized by Nursing Association of Nepal (NAN).
- ❖ Participated in the XIV International Congress on Management of Cardiovascular Disease on 4th and 5th of November, Kathmandu, Nepal
- ❖ Participated in 13th National Conference of Nursing Association of Nepal (NANCON) on 2-3 march, 2017, BPKIHS, Dharan, Nepal.

- ❖ Participated in 1st International Conference of Critical Care Nurses' association of Nepal (CCNAN), 18 November 2017, Soaltee Crowne Plaza, Kathmandu.
- ❖ Participated in International Nursing Conference held on 23rd & 24th November, 2018 at Institute of Nursing Sciences, KAHER, Belgavi, Karnataka, India and **earned 16.0 Educational Credit Points** by Karnataka State Nursing Council (KSNC).
- ❖ Participated in Second Conference of Regional Federation of Critical Care Nurses-SAARC (RFCCN-SAARC) & Second International Conference of Critical Care Nurses Association of Nepal (CCNAN) held on 15th -16th November 2019, Butwal, Nepal

Overall Job Responsibilities:

- ❖ *Assist in establishment of nursing colleges and Hospital e.g, Nursing Campus – Lord Buddha Educational Academy, Nepalgunj, Madan Memorial Academy Nepal Nursing Campus, Bhadrapur, Birat Health College & Research Centre, Biratnagar, Nobel Medical College teaching Hospital, Biratnagar, Mediescort Hospital, Morang, Dulari and others.*
- ❖ Overall academic, clinical and administrative function carried out in different health related institution.
- ❖ Communicating with Ministry of Education, Kathmandu University, Purvaanchal University, CTEVT, Nepal Nursing Council, Nepal Health Professional Council, different Hospital, District Public Health office, PHCs, HP, SHP, Family planning Association, community and various NGOs & INGOs.
- ❖ Planning and coordinating academic & clinical activities among faculties, student, hospital staff and with management.
- ❖ Setting up libraries in nursing colleges and medical college teaching Hospital.
- ❖ Coordinating teaching and learning activities of students

- ❖ Evaluating teaching and learning activities of students, instructors, faculties and nursing staff.
- ❖ **Teaching theory classes** (Basic Sciences, Medical surgical Nursing, critical care, midwifery, community health nursing, nursing administration, nursing education, leadership & management, theories and principles in nursing, **nursing research**, public health research and others as well) for **Masters of Nursing (MN), B.Sc and Post Basic bachelor of Nursing students, BNS** as well as **BPH, PCL Nursing, HA** and **Diploma in pharmacy students**.
- ❖ *Teaching and guidance of Master of Nursing (MN), MD/MS/HIEM-ITR/MDGP/Fellowships B.Sc nursing, PBBN/BNS, MPH, BPH students for research, Medical Surgical Nursing, Critical Care Nursing, Leadership & Management and Educational Science activities.*
- ❖ Demonstrations of various nursing procedures and their discussion with students in clinical setting.
- ❖ Assist and supervise the students in providing planned nursing care.
- ❖ Supervising and guiding clinical procedures, demonstrations, clinical case presentations, case studies and procedure manuals.
- ❖ Teaching and supervising students to plan and implement need-based care.
- ❖ Teaching and evaluating health talks conducted by students.
- ❖ Motivate students and subordinates to clarify their doubts and quarries.
- ❖ Supervising and guiding the student's in providing comprehensive nursing care to the patients admitted in various medical surgical units.
- ❖ Participating in other academic/clinical activities of the other institution.
- ❖ Provide incidental teachings regarding patient care or disease conditions to students.

- ❖ Evaluation of student's and subordinate's performance through evaluation tools.
- ❖ Guiding and supervising records and reports.

Teaching Skills:

- ❖ **Methods used for teaching:** Interactive Lecture, SIS (Structured Interaction Session), PBL (Problem Based Learning), Demonstrations, Clinical Rounds, Discussions, Seminar, Journal Club, Panel Discussions, Role Play, Workshop, Project Method, Online Teaching via different platform etc.
- ❖ **A.V. Aids used for Teaching:** Power point, OHP, Slide projector, White Board, Chart, Poster, Flip charts, Flannel Board, Video, animations etc., Zoom Platform, Google meet etc
- ❖ **Computer Skills:** Office package, statistical package e.g. SPSS, RevMan for Meta-analysis, EZR (R) software for Regression, Atlas.ti, Smart PLS and Internet and others.

Professional Affiliations:

- ❖ *Life Member* - Nursing Association of Nepal (NAN)
- ❖ *Life Member* - Trained Nurses Association of India (TNAI)
- ❖ *Life Member* - Asian Association of Cardiac Nurses (AACN)
- ❖ *Life Member* – Critical Care Nursing Association of Nepal (CCNAN)
- ❖ *Founder Member* – CNE Planet, Traffic Chowk, Biratnagar-14, Morang, Nepal (Common platform established for the professional development of the Nurses – 1st time in Nepal).

Professional license:

- ❖ Registered Nurse and Registered Midwife, Nepal Nursing Council (NNC License no: Current: 11900 & Old: 3277)

Other Affiliations:

- ❖ *Chairperson* - Sunsari Media Pvt. Ltd., Inaruwa-7, Sunsari, Nepal
 - ✓ *Popular F.M. 99.5MHz (First Multilingual FM in the Eastern Region of Nepal)*

✓ *Popular News National Weekly (Multilingual News Paper- “Kha” barga- Nepal Press Council)*

Other Training:

- ❖ Training on Minority Rights and Advocacy Skills organized in coordination with Society for Sustainable Development and Support Nepal, Kathmandu on 26-29 November, 2009.
- ❖ Training on **BBC Value of Airtime: Strategy and skills event** organized by BBC Nepali at Biratnagar on 26-27th February 2012.

Other Publications:

- ❖ “International Nurses Day 2014 - Nepalese Perspectives” as author in Popular News National Weekly on year 2nd, no. 41, 42 and 43, May 14, 21 and 28, 2014.

References:

Prof. Dr. Harish Chandra Neupane

Chairman and Managing Director

Chitwan Medical College Teaching Hospital, Bharatpur, Chitwan, Nepal

Phone: 9855055155, Email: chairman@cmc.edu.np

Prof. Dr. Gopendra Prasad Deo

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Declaration

I hereby declare that the statements made are correct and true to the best of my knowledge.



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