

CURRICULUM VITAE



PROFESSOR NATHAN VYTIALINGAM

Honorary Fellow
World Federation of Occupational Therapists

2021

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PERSONAL DETAILS

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Email Address : vytialingam@yahoo.com

Date of Birth : 29th March 1953

Gender : Male

EMPLOYMENT DETAILS

Present Appointment : Dean
Perdana University School of Occupational Therapy

Occupation : Academician and Senior Consultant Occupational Therapist

LANGUAGE PROFICIENCY

Spoken : English, Malay and Tamil – Fluent.

Writing : English and Malay – Fluent.

QUALIFICATIONS/PROFESSIONAL STUDIES

INSTITUTION	DATE	FIELD OF STUDY	DEGREE
London School of Occupational Therapy Eton Avenue London NW3	Sept 1973- July 1976	Occupational Therapy	Diploma in Occupational Therapy by British College of Occupational Therapist
Hatfield Polytechnic	Jun – Jul 1976	Industrial Engineering For Occupational Therapist	Certificate issued by Hatfield Polytechnic
Society for the Rehabilitation of the Disabled Selangor, Malaysia	Aug - Oct 1980	Manual Communication (signs and finger spelling)	Merit Certificate by the Society for Rehabilitation Selangor, Malaysia
Centre for Advanced Studies, Curtin University of Technology, Australia	Feb 1983	1. Advanced Specialisations: a) Bio-mechanics. b) Design and access. 2. Education: a) Health science education. b) Comparative health education. c) Methods of clinical instruction. d) Health research methods (epidemiology and statistics)	Post-Graduate Diploma in Health Sciences
Centre for Advanced Studies, Curtin University of Technology, Australia	1984	Occupational Therapy	Masters of Applied Science (Health)

PREVIOUS EMPLOYMENT

EMPLOYER	DATE	AREA OF EXPERIENCE
Frien Barnet Hospital London N19	Jul 1976 - Mar 1977	Psychiatry-Acute admission and long stay patients.
Singapore General Hospital	May - Dec 1977	Orthopaedics, Paediatrics and Medicine
University Hospital Kuala Lumpur, Malaysia	Jan 1978 – Apr 1980	Psychiatry-Acute admission and long stay patients. Orthopaedics, Medicine/Surgery, Paediatrics.
General Hospital Kuala Lumpur, Malaysia	Jan 1980 – Apr 1981	Orthopaedics, Medicine, Paediatrics, Surgery and Psychiatry and Hand Rehabilitation.
National University of Malaysia, Kuala Lumpur, Malaysia	May 1981 – Jun 1990	Orthopaedics, Medicine, Paediatrics, Community-Based Programmes, Plastic Surgery and Hand Rehabilitation.
Nathan Therapy Rehabilitation Centre (Own-Practice)	June 1990 - present.	Orthopaedics, Hand Rehabilitation, Medicine, Paediatrics, and Community-Based Rehabilitation, Plastic Surgery and Consultancy Services.
Universiti Putra Malaysia	2000 to 2013	Geriatric Medicine, Orthopaedics, Institute of Gerontology (Research), Teaching Clinical Year 3-5 Medicine Students
Perdana University	Mar 2013 - present.	Dean, Perdana University School of Occupational Therapy

AWARDS AND RECOGNITIONS

1. Kellog Fellowship 1983/1984 – to pursue post-graduate studies in Curtin University of Technology, Australia.
2. Certificate of Appreciation 1997 – Eight World Congress of International Rehabilitation Medicine Association for contribution towards the programme and development of Rehabilitation Medicine.
3. Invited and Fully Sponsored to visit ORFIT industries in Belgium, 1988.
4. Invitation for inclusion in “Malaysia Who’s Who” publication 1989/1990 for services and achievements in Malaysia.
5. Invitation for inclusion in “ASEAN Who’s Who” publication 1991.
6. Invited and Fully Sponsored by the American Hand Foundation for Symposium Surgery and Hand Rehabilitation in Philadelphia, 1991.
7. Certificate of Recognition 1998 – for long term services to World Federation of Occupational Therapist (WFOT) and inaugurator in the Asia-Pacific region.
8. Merit Award 2002 – in recognition of continuous and invaluable contribution in the field of occupational therapy by the Malaysian Occupational Therapists Association
9. Excellence Service Award 2003 – Certificate of Appreciation by Vice Chancellor – Universiti Putra Malaysia
10. Excellence Service Award 2004 – Certificate of Appreciation – by Vice Chancellor, Universiti Putra Malaysia
11. Excellence Service Award 2005 – Certificate of Appreciation – by Dean, Faculty of Medicine & Health Sciences, Universiti Putra Malaysia

12. Excellence Service Award 2005 – Certificate of Appreciation- by Vice Chancellor, Universiti Putra Malaysia
13. Certificate of Appreciation 2008 – presented by Dow University of Health Sciences Karachi, Pakistan for facilitating the seminar (invited speaker)
14. Plaque– presented by Dow University of Health Sciences, Karachi, Pakistan for establishing the Occupational Therapy Curriculum in Jan 2008
15. Honoured by the World Federation of Occupational Therapists- Merit Award- for the services rendered in the field of occupational therapy- October 2008.
16. Awarded as the Ambassador of Healthy Ageing by the Turkish Ambassador at the 2nd World Congress on Healthy Ageing, Johannesburg, South Africa, and August 2015.
17. Awarded with **Honorary Fellow** by the World Federation of Occupational Therapists in March 2016.
18. Awarded with **Honorary Fellow** by the World Federation of Occupational Therapists in official ceremony in Cape Town South Africa 2018 during World Conference of Occupational Therapist.

WORLD FEDERATION OF OCCUPATIONAL THERAPIST (WFOT)

DATE	INVOLVEMENTS
1990 to present	Represented Malaysia as full delegate to WFOT
1992	Appointed into WFOT education committee.
1994	Elected as Vice-President of WFOT for a 2-year term.
1996	Re-elected as Vice-President of WFOT for another 2-year term.
2003	Appointed as Consultant Advisor to WFOT for the World Congress of Occupational Therapists (2006) - Congress repositioned to Australia
2012 – 2015	President for Asia-Pacific Occupational Therapist Regional Group

During the term of Vice-Presidency in the World Federation of Occupational Therapists, my official visits were to Argentina, Chile, Mauritius, Hong Kong, Kenya, Thailand, Australia, South Korea, Japan, New Zealand, Singapore, Nepal and India. There were formal meetings with health officials and therapists. In addition to that, various lectures were delivered during these visits on official invitations. Throughout this period, consultancy was also provided.

VISITING FACULTY

Invitation to join Dow University of Health Sciences Karachi Pakistan – April 2008

WORLD HEALTH ORGANIZATION (WHO)

1. Name listed in the WHO active file since 198.
2. Attended and represented the WFOT for the Western Pacific region 1994 in Kuala Lumpur - A statement was read on behalf of WFOT.
3. Attended and represented WFOT in Sydney, Australia in 1997 for the Western Pacific WHO meeting.

EDITORIAL BOARD

1. Malaysia Health Care Guide – Appointed in the editorial advisory board in 1996.
2. Asian Health Journal – Appointed in editorial advisory board in 1998.
3. Malaysian Journal of Occupational Therapy (MJOT) – Appointed as Editor, 2011.

PUBLICATIONS

1. **'Development and Clinical Assessment of a Cleaning Device for Disabled People'**, Singapore 1990
2. **'Concept of retirement Village'**, 2004 *i-smile Health and self-improvement Nov Issue 10 Vol 2.*
3. **'Evaluating Nursing Homes for the Elderly in the Klang Valley'**, – 2005
4. **'Overcoming Loneliness'** 2005 *i-smile Health and self-improvement Feb issue 11 Vol 3.*
5. **'Exercise and Ageing'** 2005 *i-smile Health and self-improvement April issue 12 Vol 3.*
6. **'Tsunami – A report for the World Health Organisation'** - Contributor- Report by World Federation of Occupational Therapist 2006.
7. **'Occupational Therapy Curriculum'** – 4-year Bachelor's Degree Programme –main contributor to Dow University, Karachi, Pakistan 2008.
8. **'Attitude and Knowledge of Clinical Specialists in Relation to Rehabilitation'**, – 2010 (awaiting publication)
9. **'Factors Associated with Quality of Life Study and Sexual Satisfaction among Menopausal Women Residing in Klang Valley'** – 2011 (awaiting publication).
10. **'Quality of Life and Post Traumatic Stress Disorders (PTSD) among Motor Vehicle Victims in Selangor'** – 2011 (awaiting publication)
11. **'Healthy Ageing is not anti-ageing – healthy ageing, a goal to inspire'** – (2015) - World Federation of Occupational Therapists Bulletin.

CURRICULUM DEVELOPMENT

- 4-year Bachelor of Science in Occupational Therapy (2013)
- 2.5-year Bachelor of Science in Occupational Therapy (2016) – *Degree conversion for diploma holders.*

CHAPTERS FOR BOOK – CARE FOR THE ELDERLY

1. Introduction to Healthy Ageing - 2011
2. Foot care for the Elderly - 2011
3. How to choose a good nursing home? - 2011
4. Preparing for Death - 2011
5. Sex and the Elderly - 2011
6. Elderly Abuse – 2011
7. Care for the Elderly (to be published)

ABSTRACT PUBLICATIONS

1. **'Has Occupational Therapist a Role in Rehabilitation'**, published in the proceedings of *Individual, Institution and Community in the Prevention and Management of Disabled Persons*, - Malaysia, 1981.
2. **'Hand Rehabilitation'**, published in the proceedings of *Rehabilitation of the Hand*, - Malaysia, 1986.
3. **Parent Involvement With Handicapped Children'**, published in the proceedings *Families Role in Management of Handicapped Children*, - Malaysia 1986.
4. **'Occupational Therapists Involvement in Management of Autistic Children'**, published in the proceeding of *Children with Autism*, - Malaysia 1987.
5. **'Hand Rehabilitation and Splinting'**, published in the proceedings of *Hand Symposium*, - Malaysia 1987.
6. **'Attitude Towards Disabled People'**, published in the proceedings of *Public Talk for Malaysian Mental Health Association*, - Malaysia 1987.
7. **'The Influence of Education in the Employment of Male Paraplegics'**, - Malaysia 1987.
8. **'Employment of Paraplegics in Malaysia'**, published in the proceedings of *Management of Spinal Injury Patient*, - Malaysia 1989.
9. **'Development and Clinical Assessment of a Cleaning Device for Disabled People'**, published in the proceedings of *Management of Spinal Injury Patient*, - Malaysia 1989
10. **'Joint Preservation and Splinting'**, published in the proceedings of *Supportive Therapy in Rheumatoid Arthritis*, - Malaysia 1989.
11. **Importance of Occupational Therapy as a Degree Programme'**, published in the proceedings of *Allied Health Education*, - Malaysia 1990.
12. **'Hand Rehabilitation'**, published in the proceedings of *Hand Symposium*, - Malaysia 1990.
13. **'Splinting-Importance'**, published in the proceedings of *Hand Symposium*, - Malaysia 1990.
14. **'Importance of Splinting and Problems with Haemophilia Patients'**, published in the proceedings of *Haemophilia*, - Malaysia, 1990.
15. **'Therapy for Cerebral Palsy Child'**, published in the proceedings of *Rehabilitation*, - Malaysia 1991.
16. **'Rehabilitation of Handicapped Children'**, published in the proceedings of *Malaysian Paediatrics Association Annual General Meeting*, - Malaysia 1992.

17. **'Rehabilitation of Handicapped Children'**, published in the proceedings of *Malaysian Paediatrics Association Annual General Meeting*, - Malaysia 1992.
18. **'Occupational Therapist Role in Psychosocial Rehabilitation'**, published in the proceedings of *Psychosocial Rehabilitation*, - Malaysia 1992.
19. **'Hand Rehabilitation'**, published in the proceedings of *Hand Management*, - Malaysia 1993.
20. **'Occupational Therapist Role in Sexual Management'**, published in the proceedings of *Spinal Injuries*, - Malaysia 1994
21. **'Therapy for Therapists'**, published in the proceedings of *1st Asia Pacific Congress in Occupational Therapy*, - Malaysia 1995 (**plenary lecture**).
22. **'Hand Rehabilitation and Splinting'**, published in the proceedings of *Hand Injuries*, - Malaysia 1996.
23. **'Aging and Exercise'**, published in the proceedings of *Penang International Congress in Geriatric Medicine*, - Malaysia 2000.
24. **'Caring for the Aged'**, published in the proceedings of *Public Forum* – Malaysia 2001.
25. **'Occupational Therapists Role in Sexual Management'**, - Malaysia 1994.
26. **'Value of Exercise in the Ageing Process'**, published in the proceedings of *1st Malaysian Conference Healthy Ageing*– Malaysia 2001.
27. **'Age with Dignity'**, published in the proceedings of *Malaysian Health Symposium* – Malaysia 2002.
28. **'Exercise and Ageing'**, published in the proceedings of *Malaysia-Singapore Congress of Occupational Therapy* – Malaysia 2002.
29. **'Caring for the Carers'**, published in the proceedings *1st Malaysian Conference on Healthy Ageing*, - Malaysia 2002.
30. **'Value of Exercise and Diabetes'**, published in the proceedings of *Practical Diabetes for Primary Care Physicians*, - Malaysia, 2002.
31. **'The Benefits of Exercise and Ageing'**, published in the proceedings of *Healthy Ageing Symposium*, - Malaysia 2003.
32. **'Loneliness in the Elderly'**, published in the proceedings of *Public Forum*, - Malaysia 2003.
33. **'Exercise and Diabetes'**, published in the proceedings of *2nd Practical Diabetes for Primary Care Physicians* - Malaysia 2003.

34. **'Retirement Homes'**, published in the proceedings of *2nd Malaysian Healthy Ageing Conference*, - Malaysia 2004.
35. **'Value of Exercise'**, published in the proceedings of *3rd Practical Diabetes for Primary Care Physicians* – Malaysia 2005.
36. **'Quality of Life after Stroke. Sexuality and Disabilities'**, published in the proceedings of *Malaysian Healthy Ageing Conference* -Malaysia 2006.
37. **'Occupational therapists – Appearing in Court.'** *8th Malaysia-Singapore Occupational Therapists Symposium*. Kuala Lumpur, Malaysia 2006.
38. **'Exercise and Diabetes'**, published in the proceedings of *Practical Diabetes Update Kuala Lumpur*, - Malaysia 2007.
39. **'Enhancing Sexuality in the Life of Disabilities.'** published in the proceedings of *Sexuality in Medicine, Department of Medicine, UPM & Malaysian Healthy Ageing Society*. - Malaysia 2017.
40. **'Success and Failure of Occupational Therapy'**, published in the proceedings of *Malaysia Asia Pacific Occupational Therapy Student Congress 2013*. Puncak Alam, Selangor, - Malaysia 2013.
41. **'Functional and Work Assessment'**, published in the proceedings of *Medical Disability and Assessment of Damages*, - Malaysia 2013.
42. **'Introducing online courses (E-Learning in Perdana University)'**, published in the proceedings of *2nd Annual Retirement Living and Senior Care South East Asia*- Kuala Lumpur Malaysia 2014.
43. **'Sustainability in Senior: Mapping the Middle Income Class'**, published in the proceedings of *3rd Annual Retirement Living World*-Malaysia 2015.
44. **'Healthy Ageing is not anti-ageing– healthy ageing, a goal to inspire'** (2015). World Federation of Occupational Therapists Bulletin. Print ISSN: 1447-3828 | Online ISSN: 2056-6077.
45. **'The value of exercise in diabetes'**, published in the proceedings of Family Physician Association of Malaysia, - Malaysia 2016.
46. **'An overview of healthy ageing for healthy living'**, published in the proceedings of EPF 'Kuala Lumpur,-Malaysia 2016.
47. **'Work-related road traffic crash: Is return to work after rehabilitation better work outcome-focused intervention?'** – published in the proceedings of *Malaysian Journal of Medicine and Health Sciences* (eISSN 2636-9346) – Malaysia 2019.
48. **'Barrier to Community Integration for Older People in Malaysian: A Qualitative Study from Occupational Therapist Perspective'** – published in the proceedings of *Openventio Public Health Journal* (ISSN 2472-3878) – Malaysia 2021.

INTERNATIONAL PUBLICATIONS

1. **'The Influence of Education in the Employment of Male Paraplegics in Malaysia'**, published in the proceedings of *Third International Consultation and Counselling Disabled People and Their Families*, - Vienna 1987
2. **'Hand Therapy in Malaysia'**, published in the proceedings of *International Congress for Society of Hand Therapist*, - Paris 1990
3. **'Employment of Male Paraplegics in Malaysia'**, published in the proceedings of *11th World Federation of Occupational Therapists Congress*, - London 1994
4. **'Splinting Techniques in Hand Injuries'**, published in the proceedings *University of Chengmai*, - Thailand 1994
5. **'Management of Burnt Hands'**, published in the proceedings of *International Congress for Society of Hand Therapist*, - Finland 1995
6. **'Therapy in Developing Countries'**, published in the proceedings of *8th World Congress of the International Rehabilitation Medicine*, - Osaka, Japan, 1996
7. **'Therapy in Asean Countries'**, published in the proceedings of *South Korea Occupational Therapy Association Annual Meeting* – Seoul, 1997
8. **'The value of exercise in Ageing'**, published in the proceedings of *The Value of Occupation: Fact or Myth*, - Singapore, 2001
9. **'Functional Assessment and Work Disabilities'** published in the proceedings of *Medical Disabilities* – Pakistan 2008 (Keynote Speaker)
10. **'Introduction to Psychosocial Rehabilitation'** published in the proceedings of *Holistic Approach to mental Health Issues* – Pakistan 2008
11. **'Disabilities related to Depression'** published in the proceedings of *Holistic Approach to Mental Issues* – Pakistan 2008
12. **'Disabilities related to Schizophrenia'** published in the proceedings of *Holistic Approach to Mental Issues* – Pakistan 2008
13. **'Counselling Skills'** published in the proceedings of *Holistic Approach to Mental Issues*-Pakistan 2008

14. **'Community Based Rehabilitation'** published in the proceedings of *Holistic Approach to Mental Issues* – Pakistan 2008.
15. **'Relaxation Therapy'** published in the proceedings of *Holistic Approach to Mental Issues* – Pakistan 2008.
16. **'Enhancing Intimacy – People with Disabilities'** published in the proceedings of *46th Annual National Conference of All India Occupational Therapists' Association* – 9 – 11 January, 2009, Jaipur, India.
17. **'Role of an NGO: Malaysian Healthy Ageing Society'** published in the proceedings of *Fukuoka Active Aging Conference in Asia/Pacific 2010* – 29th – 31st October, 2010 Fukuoka, Japan.
18. **'18th World Congress on Occupational Therapy'** – facilitator for the workshop on Disaster Management. Yokohama- Japan 2013.
19. **'Practical Challenges in Healthy Ageing: From a Conceptual and Interactive Discussion of Case Management in Relationship to Healthy Ageing'**. The 20th IAGG Congress of Gerontology and Geriatrics, the Journal of Healthy, Nutrition and Ageing. ISSN: 1279 –7707-Seoul, Korea 2013.
20. **'Comprehensive Management of Elderly with Disabilities – A Malaysia Perspective'**. Cape Town, South Africa 2015.
21. **'6th Asia Pacific Occupational Therapy Congress'**. Rotorua, New Zealand 2015.

PROJECTS

1. Principles involved in Teaching Activities of Daily Living for Occupational Therapy students, 1988
2. Problems and suggestions to improve the design and accessibility of the Occupational Therapy Department, General Hospital Kuala Lumpur - 1990
3. Status of Occupational Therapists in Malaysia -1994 Malaysian Occupational therapy Association
4. Completed thesis on "A Retrospective Case Control Study on the Employment of Paraplegics in Malaysia" 1984 (Master's Thesis)
5. A programme for management of multi-handicapped children's centre in Malaysia. 1995 Yayasan Sultan Idris Shah Ipoh
6. The use of silicone oil in the treatment of traumatic burns and burnt hands.1987 – Department of Occupational Therapy, Hospital Kuala Lumpur.
7. The management of tibial fractures with the use of thermoplastic material.1988 Department of Orthopaedics, Hospital Kuala Lumpur.
8. The use of thermoplastic of splinting CTEV release in children. 1989 Department of Orthopaedics, Hospital Kuala Lumpur.
9. A study of pressure sores among paraplegic patients in Kuala Lumpur.1989 Department of Orthopaedics, Hospital Kuala Lumpur.
10. Meeting with Nepalese officials in setting up a training programme for Occupational Therapists in Nepal.1996 World Federation of Occupational Therapists.
11. Rehabilitation services in elderly nursing homes. 2002 - 3rd year Medical Students Research project, University Putra Malaysia.
12. Nutrition in the elderly. 2002 – 3rd year Medical Students Research project, University Putra Malaysia.
13. Disabilities in the elderly.2002 – 3rd year Medical Students Research project, University Putra Malaysia.
14. Patterns of admission of the elderly in General Hospital, Kuala Lumpur, 2003.
15. Study of Functional independence in the elderly in the use of Bartle's Scores.2005-3rd year Medical Students Research project University Putra Malaysia.
16. The use of mini mental test in the admission of the elderly population. 2005-3rd year Medical Students Research project, University Putra Malaysia.

17. A study on clinical specialist on their views of rehabilitation services in General
18. Hospital Kuala Lumpur. 2005-3rd year Medical Students Research project, University Putra Malaysia.
19. Video Clip on Road Safety Education – Contributor 2006
20. Proposal to Ministry of Health Malaysia- Re- structuring of rehabilitation services- 2008
21. E-Health Survey- Developing a software to assist least developed countries in diagnosis-2008 with International University in Geneva
22. Supervising Thesis- study of sexual behaviour on spinal cord injury patients- 2008
23. Research in tissue healing, management of pain and improving quality of life with the use of e-cell- 2008
24. Research in the effect of the progressive resistance training on glucose homoeostasis on type 2 diabetes patients- 2008
25. Degree Programme - developing a curriculum in Occupational Therapy – 2008 Karachi, Pakistan

INVITED LECTURES

- 1 Theme Individual, Institution and Community in the Prevention and
Date/Place Management of Disabled Persons.
 18th October 1981/ Kuala Lumpur, Malaysia.
 Organized by University Hospital Kuala Lumpur
 Has Occupational Therapists a Role in Rehabilitation
- 2 Theme Rehabilitation of the Hand.
Date/Place 21st February 1986/ Kuala Lumpur, Malaysia
 Organized by Malaysia Occupational Therapists Association.
 Hand Rehabilitation.
- 3 Theme Families Role in Management of Handicapped Children.
Date/Place August 1986/ Kuala Lumpur, Malaysia
 Parent Involvement with Handicapped Children.
- 4 Theme Children with Autism
Date/Place 6th – 10th January 1987/ Kuala Lumpur, Malaysia.
 Organized by National Autistic Society of Malaysia.
 Occupational Therapists Involvement in Management of Autistic
 Children.
- 5 Theme Hand Symposium
Date/Place 1st – 2nd August 1987/ Kuala Lumpur, Malaysia
 Organized by Malaysian Society for the Surgery of the Hand
 Hand Rehabilitation and Splinting.
- 6 Theme Public Talk for Malaysian Mental Health Association.
Date/Place 3rd November 1987/ Kuala Lumpur, Malaysia
 Attitude towards Disabled People.
- 7 Theme Management of Spinal Injury Patient
Date/Place March 1989/ Kuala Lumpur, Malaysia
 Organized by Malaysian Occupational Therapists Association
 Physiotherapist Association Department of Orthopaedic Surgery,
 Malaysian National University.
 1. Employment of Paraplegics in Malaysia.
 2. Development and Clinical Assessment of a Cleaning Device for
 Disabled People.
- 8 Theme Supportive Therapy in Rheumatoid Arthritis
Date/Place 30th September 1989/ Kuala Lumpur, Malaysia.
 Organized by Malaysian Society of Rheumatology
 Joint Preservation and Splinting.

- 9 Theme Allied Health Education
Date/Place 6th October 1990/ Kuala Lumpur, Malaysia
Organized by Malaysian Society of Education
Importance of Occupational Therapy as a Degree Programme
- 10 Theme Hand Symposium
Date/Place 17th – 18th November 1990/ Kuala Lumpur, Malaysia
Organized by Malaysian Society for Surgery of the Hand
1. Hand Rehabilitation
2. Splinting-Importance
- 11 Theme Haemophilia
Date/Place 23rd November 1990/ Kuala Lumpur, Malaysia
Organized by Malaysian Society of Haemophilia
Importance of Splinting and Problems with Haemophilia Patients
- 12 Theme Rehabilitation
Date/Place 2nd – 3rd November 1991/ Kuala Lumpur, Malaysia
Malaysian Paediatrics Association & Malaysian Neurosurgical
Foundation
Therapy for Cerebral Palsy Child
- 13 Theme Malaysian Paediatrics Association Annual General Meeting
Date/Place 8th – 9th June 1992/ Kuala Lumpur, Malaysia
Malaysian Paediatrics Association
Rehabilitation of Handicapped Children
- 14 Theme Psychosocial Rehabilitation
Date/Place 3rd -4th September 1992/ Malacca, Malaysia
Malaysian Psychiatric Association
Occupational Therapist Role in Psychosocial Rehabilitation
- 15 Theme Hand Management
Date/Place June 1993/ Ipoh, Malaysia, July 1993/ Johor, Malaysia
Malaysian Society for Surgery of the Hand
Hand Rehabilitation
- 16 Theme Spinal Injuries
Date/Place April 1994/ Kuala Lumpur, Malaysia
Malaysian Occupational Therapist Association
Occupational Therapist Role in Sexual Management
- 17 Theme Hand Injuries
Date/Place July 1995/ Alor Star, Malaysia, November 1995/ Penang, Malaysia
April 1996/ Kuantan, Malaysia
Malaysian Society for Surgery of the Hand
Hand Rehabilitation and Splinting

18	Theme Date/Place	1st Asia Pacific Congress in Occupational Therapy September 1995/ Kuala Lumpur, Malaysia Malaysian Occupational Therapist Association Therapy for Therapists
19	Theme Date/Place	Penang International Congress in Geriatric Medicine November 2000 Penang Association of Medicine Aging and Exercise
20	Theme Date/Place	Public Forum May 2001/ Kuala Lumpur, Malaysia Rotary Club of Damansara Caring for the Aged
21	Theme Date/Place	Public Forum November 2001/ Kuala Lumpur, Malaysia Damansara Specialist Hospital Caring for the Aged
22	Theme Date/Place	1st Malaysian Conference on Healthy Ageing March 2002/ Kuala Lumpur, Malaysia Malaysian Healthy Ageing Society Caring for the Carers
23	Theme Date/Place	Practical Diabetes for Primary Care Physicians 19th – 22nd September 2002/ Kuala Lumpur, Malaysia Exercise and diabetes
24	Theme Date/Place	Healthy Ageing Symposium March 2003/ Kuala Lumpur, Malaysia Malaysian Healthy Ageing Society The Benefits of Exercise and Ageing
25	Theme Date/Place	Public Forum August 2003/ Kuala Lumpur, Malaysia Malaysian Healthy Ageing Society Loneliness in the Elderly
26	Theme Date/Place	2nd Practical Diabetes for Primary Care Physicians October 2003/ Kuala Lumpur, Malaysia National Diabetes Institute Exercise and Diabetes

- 27 Theme 2nd Malaysian Conference for Healthy Ageing
Date/Place 9th-11th April 2004/ Kuala Lumpur, Malaysia
Malaysian Healthy Ageing Society
Retirement Homes
- 28 Theme Quality of Life after Stroke
Date/Place 1st – 4th March 2006/ Kuala Lumpur, Malaysia
Malaysian Healthy Aging Society and University Putra Malaysia
Sexuality and Disabilities
- 29 Theme The 8th Malaysia- Singapore Occupation Therapist Symposium
Date/Place 3rd – 5th November 2006/ Kuala Lumpur, Malaysia
Malaysia- Singapore Occupation Therapist Symposium
Occupation Therapist – Appearing In Court
- 30 Theme Practical Diabetes Update
Date/Place 6th – 9th September 2007/ Kuala Lumpur, Malaysia
National Diabetes Institute
Exercise and Diabetes
- 31 Theme Sexuality in Medicine
Date/Place 26th-27th October 2007/Kuala Lumpur Malaysia
Department of Medicine Universiti Putra Malaysia & Malaysian
Healthy Ageing Society
Enhancing Sexuality in the Life of Disabilities.
- 32 Theme Functional Evaluation & Assessment
Date/Place (The Use of Occupational Therapy)
29th January 2008/ Karachi, Pakistan
Dow University of Health Sciences
- 33 Theme Functional Evaluation & Assessment (The Use of Occupational
Therapy)
Date/Place 2nd February, 2010Intimacy in the Elderly
- 34 Theme Towards Age-Friendly Communities: Fukuoka Active Aging
Date/Place Conference in Asia Pacific 2010
29th – 31st October, 2010/ Fukuoka, Japan
ACAP
Role of an NGO: Malaysian Healthy Ageing Society
- 35 Theme Malaysia Asia Pacific Occupational Therapy Student Congress
Date/Place 23rd – 26th September 2013 / UiTM, Puncak Alam
Occupational Therapy Department, UiTM Puncak Alam
Success and Failure of Occupational Therapist in Malaysia

- | | | |
|----|---------------------|---|
| 36 | Theme
Date/Place | Medical Disability and Damages in Accident Claims
6th – 7th November 2013 / Mid Valley Kuala Lumpur
Malaysian Healthy Ageing Society (MHAS)
Functional and Work Assessment |
| 37 | Theme
Date/Place | Empowering the Elderly
April – May 2016 / Johor Bahru and Kuala Lumpur
Malaysian Healthy Ageing Society (MHAS)
Intimacy in the Elderly and Overview of Healthy Ageing |
| 38 | Theme
Date/Place | Empowering the Elderly
April – May 2016 / Johor Bahru and Kuala Lumpur
Malaysian Healthy Ageing Society (MHAS)
Intimacy in the Elderly and Overview of Healthy Ageing |
| 39 | Theme
Date/Place | Public Lecture –University Gadjah Mada Indonesia
29 th -31 st October 2018 / University Gadjah Mada Indonesia
Malaysian Healthy Ageing Society (MHAS) |
| 40 | Theme
Date/Place | Bali Healthy Aging Symposium BHAS 2019
26 th January 2019 / Johor Bahru and Kuala Lumpur
Bali Healthy Ageing Society |
| 41 | Theme
Date/Place | Global Coalition on Aging
18 th -23 rd February 2019/ Chiba Tokyo
Tokyo FAM |

PAPERS PRESENTED AT INTERNATIONAL CONGRESSES

1. Theme Third International Consultation and Counselling Disabled People and Their Families.
Date/Place 4-8th July 1987/ Vienna, Austria
Organiser Rehabilitation International
Topic The Influence of Education in the Employment of Male Paraplegics in Malaysia
2. Theme International Congress for Society of Hand Therapist
Date/Place May 1992/ Paris, France
Topic Hand Therapy in Malaysia
3. Theme 11th World Federation of Occupational Therapists Congress
Date/Place 16-20th April 1994/ London, United Kingdom
Topic Employment of Male Paraplegics in Malaysia
4. Theme University of Chiang Mai, Thailand (Invited Speaker)
Date/Place June 1994/ Chiang Mai, Thailand
Topic Splinting Techniques in Hand Injuries (practical workshop conducted as well)
5. Theme International Congress for Society of Hand Therapist
Date/Place May 1995/ Helsinki, Finland
Topic Management of Burnt Hands
6. Theme 8th World Congress of the International Rehabilitation Medicine Association
Date/Place 31st August – 4th September 1997/ Osaka, Japan
Topic Therapy in Developing Countries
7. Theme South Korea Occupational Therapy Association Annual Meeting
Date/Place November 1997/ Seoul, South Korea
Topic Therapy in Asian countries
8. Theme The value of Occupation: Fact or Myth
Date/Place 2nd -3rd September 2001/ Singapore
Topic The value of exercise in ageing
9. Theme KLWFOT 2006 PRE CONGRESS WORKSHOP
Date/Place 20th – 24th July 2006/ Kuala Lumpur, Malaysia
Organiser Malaysian Occupational Therapist Association
Topic Sexual Rehabilitation

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| 10. | Theme | 19th World Congress of Occupational Therapist |
| | Date/Place | 23rd – 29th Sept 2006/ Sydney, Australia |
| | Organiser | World Federation of Occupational Therapist |
| | Topic | Lifelong Learning |
| 11. | Theme | ASEAN Conference On Healthy Ageing |
| | Date/Place | 10th – 12th Oct 2017/ Pullman Hotel, Kuching, Sarawak |
| | Organiser | Malaysia Healthy Ageing Society |
| | Topic | Intimacy & Ageing |
| 12. | Theme | 46th Annual National Conference of All India Occupational Therapists' Association |
| | Date/Place | 9th – 11th January, 2009/ Jaipur, India |
| 13. | Theme | 20th International Association of Gerontology and Geriatrics Conference |
| | Date/Place | 23rd – 27th June 2013 / Seoul Korea |

PARTICIPATION IN CONFERENCES/WORKSHOPS

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|----|-------------|---|
| 1. | Theme | Conference on Mental Retardation |
| | Date/Place | 5th – 9th November 1979/ Merlin Hotel Kuala Lumpur |
| | Organiser | Asian Federation for Mentally Retarded Selangor and Federal Territory Association for Retarded Children |
| | Involvement | Participant |
| 2. | Theme | Symposium on Human Sexuality |
| | Date/Place | 27th April 1980/ Hilton Hotel Kuala Lumpur |
| | Organiser | Malaysian Obstetrics and Gynaecology Association |
| | Involvement | Participant |
| 3. | Theme | Community and Disabled-International Year of the Disabled Person |
| | Date/Place | 27th – 29th March 1981/ Penang, Malaysia |
| | Organiser | Ministry of Welfare Services Malaysia |
| | Involvement | Participant |
| 4. | Theme | Symposium on Safety and Health |
| | Date/Place | 21st – 23rd August 1981/ Kuala Lumpur, Malaysia |
| | Organiser | Ministry of Youth, Sports and Culture Malaysia |
| | Involvement | Participant |

5. Theme Surgery and Rehabilitation of The Hand '91 –15th Annual Symposium & Workshop
Date/Place 17th – 20th March 1991 / Pennsylvania, USA
Organiser Accreditation Council for Continuing Medical Education (ACCME)
Involvement Participant
6. Theme Symposium in Arthritis Management
Date/Place November 1993/ Kuala Lumpur, Malaysia
Organiser Malaysian Society for Rheumatology
Involvement Participant
7. Theme Training for Caregivers
Date/Place 2nd – 4th February 2001/ Kuala Lumpur, Malaysia
Organiser University Malaya, Malaysia
Involvement Conducted workshop
8. Theme 1st Asia ISSAM Meeting on the Aging Male
Date/Place March 2001/ Kuala Lumpur, Malaysia
Organiser ISSAM
Involvement Participant
9. Theme Joint Scientific Meeting of Malaysia Orthopedic Association and College of Surgeons
Date/Place 24th – 27th May 2001/ Kuching, Malaysia
Organiser Academy of Medicine, Malaysia
Involvement Participant
10. Theme 35th Malaysia-Singapore Congress of Medicine
Date/Place 22-26 August 2001/ Kuala Lumpur, Malaysia
Organiser Academy of Medicine, Malaysia/Academy of Medicine, Singapore
Involvement Participant
11. Theme Towards a holistic approach in medical care and practice
Date/Place 12 January 2002/ Kuala Lumpur, Malaysia
Organiser Putra Medical Club, Faculty of Medicine
Involvement Participant
12. Theme 4th Malaysia / Singapore Conference on Occupational Therapy
Date/Place 16-18 May 2002/ Kuala Lumpur, Malaysia
Organiser Malaysian Occupational Therapists Association
Involvement Participant

13. Theme Annual Scientific Meeting
Date/Place 24-26 May 2002/ Kuantan, Malaysia
Organiser Malaysian Orthopaedic Association
Involvement Participant
14. Theme 1st Asia Pacific Conference and Exhibition on Anti-Ageing Medicine
Date/Place 23rd – 26th June 2002/ Singapore
Organiser American Academy of Anti-Ageing Medicine
Involvement Participant
15. Theme Asia Pacific Symposium on Functional Foods 2002
Date/Place 2nd November 2002/ Kuala Lumpur, Malaysia
Organiser Faculty of Medicine and Health Sciences, Universiti Putra Malaysia
Involvement Participant
16. Theme A New Approach for Sex and Marital Counselling
Date/Place 14th November 2002/ Singapore
Organiser Society for the Study of Andrology and Sexology
Involvement Participant
17. Theme 7th Asian Congress of Sexology
Date/Place 14th – 17th November 2002/ Singapore
Organiser Society for the Study of Andrology and Sexology
Involvement Participant
18. Theme Hyperbaric Oxygen Treatment
Date/Place 27th June 2003/ Kuala Lumpur, Malaysia
Organiser Faculty of Health Sciences, Universiti Malaya
Involvement Participant
19. Theme 2nd Asia Pacific Conference and Exhibition on Anti-Ageing Medicine
Date/Place 18-20 June 2003/ Singapore
Organiser American Academy of Anti-Ageing Medicine
Involvement Participant
20. Theme Growth Hormone Life Enhancement – An Anti-Ageing Opportunity
Date/Place 7th September 2003/ Singapore
Organiser Serono Sdn Bhd
Involvement Participant

21. Theme 3rd Asia Pacific Occupational Therapy Congress –Pre Congress Workshop
Date/Place 14th September 2003/ Singapore
Organiser Singapore Association of Occupational Therapists & World Federation of Occupational Therapists
Involvement Participant
22. Theme 3rd Asia Pacific Occupational Therapy Congress
Date/Place 15th – 18th September 2003/ Singapore
Organiser Singapore Association of Occupational Therapists & World Federation of Occupational Therapists
Involvement Participant
23. Theme 23rd ASEAN Orthopaedic Association Congress
Date/Place 2nd – 5th October 2003/ Kuala Lumpur, Malaysia
Organiser ASEAN Orthopaedic Association & Malaysian Orthopaedic Association
Involvement Participant
24. Theme 2nd Malaysian Conference & Exhibition on Healthy Ageing
Date/Place 9th – 11th April 2004/ Kuala Lumpur, Malaysia
Organiser Malaysian Healthy Ageing Society & Universiti Putra Malaysia
Involvement Participant
25. Theme 14th Asia Pacific Orthopaedics Association Triennial Congress
Date/Place 5th – 10th September 2004/ Kuala Lumpur, Malaysia
Organiser Asia Pacific Orthopaedics Association
Involvement Participant
26. Theme Chronic Ulcer of the Hand
Date/Place 30th November 2005/ Kuala Lumpur, Malaysia
Organiser University Putra Malaysia
Involvement Participant
27. Theme 2nd Asia Pacific Conference on Diabetic Foot Problems 2005
Date/Place 16th – 18th December 2005/ Kuala Lumpur, Malaysia
Organiser Ministry of Health Malaysia, Hospital Universiti Kebangsaan Malaysia, & Hospital Ipoh
Involvement Participant

28. Theme Seminar On Community and Medical Services for the Elderly
Date/Place 6th April 2006/ Kuala Lumpur, Malaysia
Organiser University Putra Malaysia
Involvement Participant
29. Theme Asia Pacific Geriatric Conference - Preparing for the Ageing Boom
Date/Place 7th – 9th April 2006/ Kuala Lumpur, Malaysia
Organiser Academy of Family Physicians, University of Malaya, Ministry of Health Malaysia, Hospital Kuala Lumpur
Involvement Participant
30. Theme 36th MOA AGM/ Annual Scientific Meeting & 2nd APOA Trauma Section Meeting
Date/Place 1st – 4th June 2006/ Kuala Lumpur, Malaysia
Organiser Malaysian Orthopaedic Association & Asia Pacific Orthopaedic Association
Involvement Participant
31. Theme The First Japan – ASEAN Men’s Health & Aging Conference
Date/Place 16th – 18th June 2006/ Kuala Lumpur, Malaysia
Organiser Aging Male Society
Involvement Participant
32. Theme 19th World Congress of Psychotherapy
Date/Place 22nd – 26th August 2006/
Organiser International Association of Psychotherapy
Involvement Participant
33. Theme 8th Malaysia Singapore Occupational Therapists Symposium
Date/Place 3rd – 5th November 2006/ Kuala Lumpur, Malaysia
Organiser Malaysian Occupational Therapists Association
Involvement Speaker
34. Theme Bengkel Panel Penilai Bidang Perubatan dan Sains Kesihatan
Date/Place 3rd – 5th December 2006
Organiser National Accreditation Board (LAN) & Ministry of Higher Education, Malaysia
Involvement Participant

35. Theme Learning Outcomes
Date/Place February –June 2006
Organiser Academic Development Unit Universiti Putra Malaysia
Involvement Participant
36. Theme Assessing & Determining Quality of Life for People with Medical Disabilities
Date/Place 21st – 22nd April 2007/ Kuala Lumpur, Malaysia
Organiser Faculty of Medicine, UPM & Healthy Aging Society
Involvement Speaker
37. Theme Climate for Change: Ageing into the Future
Date/Place 3rd – 6th May, 2010/ Melbourne, Australia
Organiser International Federation on Ageing 10th Global Conference
Involvement Participant
38. Theme Let's Talk! - Sexuality Public Forum
Date/Place 3rd April, 2010/ Kuala Lumpur, Malaysia
Organiser Malaysian Healthy Ageing Society/Mediviron Consultants S/B
39. Theme 16th International Congress of World Federation of Occupational Therapists
Date/Place 18th June – 21st June 2014/ Yokohama Japan
Organiser World Federation of Occupational Therapists (WFOT)
Involvement Workshop facilitator
40. Theme APEC Conference in Beijing and related meetings
Date/Place 12th – 15th August 2014/ Beijing, China
Organiser Asia Pacific Economic Cooperation
Involvement Panel List
41. Theme Empowering the Elderly series
Date/Place 23rd – 24th April 2016, Kelab Kebudayaan Dan Sukan Johor (Johor Cultural And Sports Club)
Organiser Malaysian Healthy Ageing Society
Involvement Speaker
42. Theme Empowering the Elderly
Date/Place 14th - 15th May 2016, Jaya 33 Convention Center, Petaling Jaya
Organiser Malaysian Healthy Ageing Society
Involvement Speaker

43. Theme Empowering the Elderly
Date/Place 13th – 14th August 2016, Lecture Theatre Penang Medical College, Penang
Organiser Malaysian Healthy Ageing Society
Involvement Speaker
44. Theme Secrets of Longevity
Date/Place 15th – 16th October 2016, Promenade Hotel Kota Kinabalu, Sabah
Organiser Malaysian Healthy Ageing Society
Involvement Speaker
45. Theme ASEAN Conference on Healthy Ageing 2017
Date/Place 10th – 12th October 2017, Hotel Pullman Kuching, Sarawak, M’sia
Organiser Malaysian Healthy Ageing Society
Involvement Organizing Chairman
46. Theme “Integrative & Homeopathic Management in Children with Special Needs”
Date/Place 28th & 29th Oct 2017 / Cyberjaya University College of Medical Sciences (CUCMS), Cyberjaya, M’sia
Organiser 1st Malaysian International Integrative Healthcare Conference 2017
Involvement Speaker
47. Theme 1st Asia ISSAM Meeting on the Aging Male
Date/Place March 2001/ Kuala Lumpur, Malaysia
Organiser ISSAM
Involvement Participant
48. Theme “International Social Security Conference 2016”
Date/Place 10th & 11th August 2016 Aloft Kuala Lumpur
Organiser Employees Provident Fund
Involvement Speaker

49. Theme "National Conference on Ageing Bridging Research ,Policy and Practice"
Date/Place 19th & 20th November 2014 Vistana Kuala Lumpur Titiwangsa
Organiser Institute of Gerontology, Universiti Putra Malaysia (UPM)
Involvement Plenary Speaker
50. Theme "Innovating Care, Healthcare to Wellcare "Asia Pacific 2017"
Date/Place 30th Sep- 1st Oct 2017 International Medical University Kuala Lumpur
Organiser Transform Health & Info Med
Involvement Speaker
51. Theme "Healthy Organ for Healthy Ageing : A Multidisciplinary and Holistic Approach"
Date/Place 2nd to 5th APRIL 2014 Berjaya Times Square Hotel Kuala Lumpur
Organiser Malaysian Healthy Ageing Society
Involvement Participant
52. Theme "Symposium on Medical Disability & Assessment of Damages"
Date/Place 2nd & 3rd April 2015 Palace of Justice Putrajaya
Organiser Federal Court Of Malaysia
Involvement Participant
53. Theme "Making Mental Health a Priority for Healthy Ageing"
Date/Place 31st March to 2nd April 2016 The Royale Bintang , Kuala Lumpur
Organiser Federal Court Of Malaysia
Involvement Participant
54. Theme "Secret to Healthy Ageing"
Date/Place 7th & 8th April 2018 KPJ Sabah Specialist Hospital
Organiser Malaysian Healthy Ageing Society
Involvement Speaker
55. Theme "Sustaining Tomorrow's Healthcare, Empowering Today's Consumers"
Date/Place 5 July 2018 (Thursday) | InterContinental Hotel Kuala Lumpur
Organiser ASIAN STRATEGY & LEADERSHIP INSTITUTE
Involvement Speaker/Moderator

56. Theme "Symposium on Sexual Health"
 Date/Place 18th to 19th July 2018 Perdana University Serdang Selangor
 Organiser PERDANA UNIVERSITY SCHOOL OF OCCUPATIONAL THERAPY
 Involvement Speaker
57. Theme: Secrets to Healthy Ageing Practical Advise
 Date/Place: 22nd -23rd September 2018, Auditorium
 Pustaka Negeri Sarawak Miri
 Organiser: Malaysian Healthy Ageing Society
 Involvement: Speaker
58. Theme: Prevention & Self-empowerment: Towards a
 Holistic and Wellness focused Life
 Date/Place: 18th -19th August 2018, Auditorium Hospital Tengku Ampuan Afzan , Jalan
 Tanah Putih 251000 Kuantan Pahang
 Organiser: Malaysian Healthy Ageing Society
 Involvement: Speaker
59. Theme: 9th International Conference on Traditional And Complementary Medicine
 Date/Place: 3rd -5th August 2019 One World Hotel, Selangor
 Organiser: Ministry of Health Malaysia
 Involvement: Speaker
60. Theme: 9th International Conference on Traditional And Complementary Medicine
 Date/Place: 3rd -5th August 2019 One World Hotel, Selangor
 Organiser: Ministry of Health Malaysia
 Involvement: Speaker
61. Theme: Malaysian Healthcare Conference 2020
 Date/Place: 25th August 2020, The Ritz Carlton Kuala Lumpur
 Organiser: Strategic Institute For Asia Pacific
 Involvement: Speaker

WEBINAR TALKS

1. Theme: International Webinar on “Elder Abuse Trends. Challenge And Ways Forward
Date/Place: 16th June 2020
Organiser: India Ageing Society
Involvement: Speaker
2. Theme: Virtual Talk on Healthy Ageing in The New Era
Date/Place: 17th June 2020
Organiser: MHAS
Involvement: Moderator
3. Theme: Healthy Ageing New Era
Date/Place: 27th October 2020/”E-SCIENTIA”
Organiser: All India Occupational Therapists’ Association
Involvement: Speaker

COURSES

1. Theme Rehabilitation Symposium-Locomotor System
Date/Place 16th – 18th January 1987/ Singapore
2. Theme International Training Workshop for South East Asia and Pacific
Date April 1987/ Kuala Lumpur, Malaysia
3. Theme Rights and Relationships: Youth Disabled Person
Date/Place July 1987/ Manchester, United Kingdom
Organiser The Association to Aid the Sexual and Personal Relationship of the Disabled (SPOD)
4. Theme The need to reinforce Patient Centred Approach in Health Care
Date/Place 23rd June 1988/ Kuala Lumpur, Malaysia
Organiser Medical Education Committee, General Hospital Kuala Lumpur
Involvement Invited and represented the Malaysian Occupational Therapist Association
5. Theme Fracture Bracing
Date/Place 3rd – 7th April 1989/ Scotland, United Kingdom
Organiser University of Edinburgh
Involvement Participated

6. Theme Surgery and Rehabilitation of the Hand
Date/Place 17th – 20th March/ Philadelphia, USA
Organiser Hand Rehabilitation Foundation

7. Theme Rehabilitation Symposium-Handicapped Children
Date/Place 20th – 22nd September 1991/ Singapore
Organiser National University Singapore

8. Theme Children with Development Delays and Severe Difficulties
Date/Place 10th – 11th October 1991/ Kuala Lumpur, Malaysia
Organiser Ministry of Education Malaysia

9. Theme Assessor Panel Workshop – Medicine & Health Sciences
Date/Place 3rd – 5th December 2006/ Kuala Lumpur, Malaysia
Organiser National Accreditation Board, Malaysia

10. Theme Managing Chronic Pain – Have We Done Enough
Date/Place 13th -14th April 2007/ Kuala Lumpur, Malaysia
Organiser University Putra Malaysia

11. Theme Good Clinical Practice
Date/Place 3rd - 5th May 2007/ Kuala Lumpur, Malaysia
Organiser National Pharmaceutical Control Bureau

12. Theme Hypnosis & Obesity/Weight Control
Date /Place 14th May 2008/Kuala Lumpur, Malaysia
Organiser London College of Clinical Hypnosis (Malaysia)

13. Theme Past Life Regression (PLR) and Therapy
Date /Place 15th May 2008/Kuala Lumpur, Malaysia
Organiser London College of Clinical Hypnosis (Malaysia)

14. Theme 28th ASEAN Orthopaedic Association Congress
Date/ Place 26th-29th June 2008/ Kuala Lumpur, Malaysia
Organiser Malaysian Orthopaedic Association

15. Theme 28th ASEAN Orthopaedic Association Congress
Date/ Place 26th-29th June 2008/ Kuala Lumpur, Malaysia
Organiser Malaysian Orthopaedic Association

CHAIRMANSHIP IN CONFERENCES / SYMPOSIUMS

1. Theme 7th Asia Pacific Conference on Rehabilitation International
Date/Place 10th – 15th April 1983/ Kuala Lumpur, Malaysia
Organiser Rehabilitation International
Involvement Chairman of films and exhibition committee
2. Theme 7th Asia Pacific Conference on Rehabilitation International
Date/Place 10th – 15th April 1983/ Kuala Lumpur, Malaysia
Organiser Rehabilitation International
Involvement Chairman of films and exhibition committee
3. Theme 25th Anniversary of Physiotherapy Association
Date/Place 19th March 1988/ Kuala Lumpur, Malaysia
Organiser Malaysian Physiotherapist Association
Involvement Chairman for the forum “The Future of Therapist in the Country”.
4. Theme “Project Magic” for Occupational Therapist by David Copperfield
Date/Place March 1988/ Kuala Lumpur, Malaysia
Organiser Malaysian Occupational Therapist Association
Involvement Chairman
5. Theme Plast-O-Fit; New Conception-Casting Workshop
Date/Place 13th September 1988/ Kuala Lumpur, Malaysia
Organiser Wellchem
Involvement Chairman
6. Theme New Trends in Hand Splinting-Practical Workshop
Date/Place 15th September 1988/ Kuala Lumpur, Malaysia
Organiser Malaysian School of Occupational Therapy
Involvement Chairman
7. Theme Management of Spinal Injury Patient
Date/Place 1st – 4th March 1989/ Kuala Lumpur, Malaysia
Organiser Malaysian Occupational Therapist Association
Involvement Chairman
8. Theme 1st Asia Pacific Congress on Occupational Therapy
Date/Place 26th – 30th September 1995/ Kuala Lumpur, Malaysia
Organiser Malaysian Occupational Therapist Association supported by World
Involvement Federation of Occupational Therapist Organising Chairman
9. Theme 1st Asia Pacific Congress on Psychosocial Rehabilitation
Date/Place 10th – 15th April 1996/ Kuala Lumpur,
Organiser Malaysia World Federation of Occupational Therapist
Involvement Organising Co-Chairman

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| 10. | Theme
Date/Place
Organiser
Involvement | Cheshire Homes Community Based Rehabilitation Programme
23rd October 1996/ Kuala Lumpur
Malaysia Rotary Club of Bangsar
Organising Chairman |
| 11. | Theme
Date/Place
Organiser
Involvement | 1st Malaysian Conference on Healthy Ageing
12th – 14th March 2002/ Kuala Lumpur
Malaysia Malaysian Healthy Ageing Society
Organising Chairman |
| 12. | Theme
Date/Place
Organiser
Involvement | Healthy Ageing Symposium
29th March 2003/ Kuala Lumpur, Malaysia
Malaysian Healthy Ageing Society
Organising Chairman |
| 13. | Theme
Date/Place
Organiser
Involvement | 2nd Malaysian Conference on Healthy Ageing
9th- 11th April 2004/ Kuala Lumpur, Malaysia
Malaysian Healthy Ageing Society / University Putra Malaysia
Organising Chairman |
| 14. | Theme
Date/Place
Organiser
Involvement | Quality of Life after Stroke
1st – 4th March 2006/ Kuala Lumpur, Malaysia
Malaysian Healthy Ageing Society & University Putra Malaysia
Organizing Chairperson |
| 15. | Theme
Date/Place
Organiser
Involvement | Assessing & Determining Quality of Life for People with Medical Disabilities
21st – 22nd April 2007/ Kuala Lumpur, Malaysia
Malaysian Healthy Ageing Society & University Putra Malaysia
Organizing Chairperson |
| 16. | Theme
Date/Place
Involvement | Sexuality in Medicine
26th-27th October 2007/Kuala Lumpur Malaysia
Organizing Chairperson |
| 17. | Theme
Date/Place
Involvement | Metabolic Disorder: An Integrative Approach to Healthy Living
28th-30th March 2008
Organizing Chairperson |
| 18. | Theme
Date/Place
Involvement | Let's Talk! – Sexual Health Public Forum
3 April 2010
Organizing Chairperson |
| 19. | Theme
Date/Place
Organiser
Involvement | 1st World Congress on Healthy Ageing 2012 - "Evolution:
Holistic Ageing in an Age of Change"
19th – 22nd March, 2012/Kuala Lumpur Malaysia
Malaysian Healthy Ageing Society/World Health Organization
Organising Chairperson |

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| 20. | Theme | 2nd World Congress on Healthy Ageing – Live Longer, Live Well |
| | Date/Place | 30th July – 2nd August 2015 / Johannesburg, South Africa |
| | Involvement | Advisor |
| | | |
| 21. | Theme | 8th Malaysian Healthy Ageing Conference – Making Mental Health a
Priority for Healthy Ageing |
| | Date/Place | 31st March – 2nd April 2016, The Royale Bintang, KL. |
| | Organiser | Malaysian Healthy Ageing Society |
| | Involvement | Deputy Scientific Chairperson |
| | | |
| 22. | Theme | 1st ASEAN Conference on Healthy Ageing |
| | Date/Place | Conference 10 -12 Oct 2017, Pullman Hotel, Kuching |
| | Organiser | Sarawak Malaysian Healthy Ageing Society |
| | Involvement | Chairperson |

OTHER POSITIONS HELD IN CONFERENCES/SYMPOSIUMS

1. Third Chapter of International Congress on Psychosomatic Medicine, November 1988 Position: Treasurer

1. 2nd Malaysian Psychological Conference, February 1990 Position: Treasurer of Conference

2. 3rd ASEAN Congress on Psychiatry & 7th ASEAN Forum, March 1991 Position: Secretary of Conference

3. 1st Malaysian Conference on Surgery and Rehabilitation of the Hand March 1992 Position: Secretary of Conference

4. 2nd Malaysian Conference on Surgery & Rehabilitation of the Hand March 1994 Position: Secretary of Conference

5. World Congress- Pre Congress Workshops – Malaysian Occupational Therapist Association, July 2006 Position: Advisor

6. Total Disc Replacement, September 2006- Department of Orthopaedics, University Putra Malaysia. Position: Committee Member

7. 10th Malaysia-Singapore Occupational Therapy Symposium, 12th – 13th November, 2010 Position: Advisor

8. 5th Malaysian Conference on Healthy Ageing, 26 – 29th May, 2010 Position: Advisor

9. Medical Disability and Assessment of Damages Seminar, 6th – 7th July 2013 Position: Advisor

10. Medical Disability and Damages in Accident Claims, 6th– 7th November 2013 Position: Advisor

EXAMINER (Internal & External)

1. Lecturing medical students (year IV and VI) on basic aspects of rehabilitation.
2. Supervision and examination of final year Occupational Therapy students during their placements since 1986.
3. Appointed as examiner to prepare and correct the written papers for the 2nd year students in Occupational Therapy for the Malaysian School of Occupational Therapy in 1987.
4. Appointed chief external examiner by the Ministry of Health for the final examination in Occupational Therapy for the Malaysian School of Occupational Therapy in 1988.
5. Appointed to prepare and correct the final examination for the Malaysian School of Occupational Therapy (occupational therapy for physical conditions) in 1988.
6. Appointed chief external examiner by the Ministry of Health for the final examination in Occupational Therapy for the Malaysian School of Occupational Therapy in 1989.
7. Appointed to prepare and correct the final examination for the Malaysian School of Occupational Therapy in 1990-94. Was appointed as an external examiner.
8. Appointed to prepare and correct the final examination for the Malaysian School of Occupational Therapy paper on Physical disabilities in 1997.
9. Appointed as an internal examiner for the final year medical students on orthopaedics and rehabilitation from year 2000-2004
10. Appointed as Coordinator for Posting Healthcare for Elderly Program (Medical Year3) 2004-2005
11. Appointed as educational committee member for the Education Committee of Malaysian Occupational Therapy Association -2005
12. Appointed as Coordinator for Posting Healthcare for Elderly Program (Medical Year3) 2006.-2007
13. Appointed as an internal examiner for the final year medical students on Orthopaedics and rehabilitation from year 2005 – 2006
14. Appointed as Coordinator for Posting Healthcare for Elderly Program (Medical Year3) 2007-2008
15. Appointed as examiner for the Degree Program on Occupational Therapy 2006 - Universiti Teknologi Mara
16. Appointed as an external examiner for the Nursing Diploma Program 2006 – Masterskill College of Nursing and Health
17. Appointed as an internal examiner for the final year medical students on Orthopaedics and rehabilitation from year 2006 – 2007
18. Appointed as examiner for the Degree Program on Occupational Therapy 2007 - Universiti Teknologi Mara
19. Appointed as an external examiner for the Nursing Diploma Program 2006 – Masterskill College of Nursing and Health-2007

20. Appointed as an internal examiner for the final year medical students on Orthopaedics and rehabilitation from year 2007 – 2008
21. Appointed as an internal examiner for the final year medical students on Orthopaedics and rehabilitation from year 2010 - 2011

POSITIONS HELD IN PROFESSIONAL BODIES

1. **Malaysian Association of Occupational Therapist** – Association member since 1997.
Positions held:
 - Treasurer of the Association 1978
 - Committee Member – 1979 to 1989
 - President – 1988 to 1999
 - President – 2029 to 2022
2. **Malaysian Mental Health Association** – Life Member. Positions held:
 - Secretary General 1978-1982
 - Treasurer 1982-1983
 - Committee member from 1984 till this date (during periods, various community programmes, seminars and forums were organized. Helped in establishing a Day Centre for psychologically disabled patients in 1983 which is based at association headquarters)
3. **Malaysian Psychiatric Association** - Associate member of Association. Position held:
 - Committee member in 1979 and 1980
4. **Malaysian Rehabilitation League**
 - Treasurer of Protem Committee formed in 1985.
5. **National Autistic Society**
 - Protem committee member of Association in 1986.
6. **Society for Severely Mentally Handicapped.** Positions held:
 - Appointed as one of the advisors to the Association since 1985.
 - Chairman of Education and Training committee since June 1990.
 - Executive Council member in 1990 and re-elected in 1991.
7. **Selangor and Federal Territory Association for Retarded Children.** Position held:
 - Committee of education and development 1985.

8. Provided consultation to the Ministry of Welfare in setting up of a vocational assessment in 1986.
9. **Sultan Idris Foundation for the Disabled**
One of the consultant Advisors in setting up a Rehabilitation Centre in Ipoh, Malaysia. Project still in progress since 1986.
10. **Malaysian Council of Rehabilitation**
Appointed to represent the Malaysian Occupational Therapist Association from 1989.
11. **Selangor and Federal Territory Association for the Rehabilitation of the Physically Handicapped**
Member of Association since 1988.
12. **Malaysian Society for Surgery of the Hand**
 - Member of the Association since 1992. Nominated to represent Malaysia as a member in the International Federation of Societies for Hand therapists.
 - Secretary of the association 2000-2002.
 - Malaysian representative to International Federation of Hand Therapists 2000-2004
13. **Malaysian Healthy Ageing Society**
 - Founding member – 2002
 - Secretary of the association – 2002-2004
 - Advisor for Programme – 2005 – 2006
 - Vice President – 2007-2009
 - President - 2010 present
 - 2012 onwards - Advisor
14. **Asia Pacific Occupational Therapy Regional Group**
President – from 2012 – 2015
15. **SATO Foundation**
Committee for selection of Plenary Speaker in 2014
16. **Global Coalition on Aging**
Appointed as Advisory Panel (2015 – 2017)
17. **Malaysian Qualifications Register**
Appointed as Assessor panel for Occupational Therapy

MEDIA APPEARANCES

Television Interview

1. Interviewed on Aspects of Occupational Therapy - March 1982.
2. Interviewed on Role of Occupational Therapist in physical rehabilitation in November - 1987.
3. Occupational Therapy in "Malaysia Hari Ini" programme - 1994.
4. Panellist on Psychosocial Rehabilitation, "Global" programme - 1997.
5. Panellist on Ageing and Rehabilitation – Morning Talk show – 2003
6. Quality of Life after stroke – Hello on 2 – 2006
7. Panellist on Accident Prevention in Schools – Ministry of Transport 2006
8. Panellist on Nursing Homes – Morning Talk Show – 2004
9. Panellist on Retirement Homes – Morning Talk Show – 2004
10. Interviewed on Role of Malaysian Healthy Ageing Society – 2006
11. Interviewed on Occupational Therapy as a profession – Jan. 2008 (Dawn TV, Karachi Pakistan)
12. Interviewed on Psycho Social Rehabilitation – April 2008 (Dawn TV, Karachi Pakistan)
13. Merdeka Award Roundtable- Malaysia's ageing Populations: Economic Drag or Opportunity? – March 2018 (Astro Awani)

Radio

1. BFM – Radio Talk Show on Issues in Elderly - 1st March, 2010
2. Trax FM – Interview on Holistic Ageing – 2nd March, 2012
3. BFM – Medical Disability and Assessment of Damages- 2nd July 2013
4. Trax FM – Interview of Preparing for Death – 13th September 2013
5. BFM - Could Spouses Hold The Key To Healthy Aging? – 16th June 2015

Newspaper

1. Malay Mail - Feature article in Hand Rehabilitation, October 1987
2. New Straits Times - Importance of Occupational Therapy, 1988.
3. Malay Mail - Spinal Injuries, February 1989
4. The Star - Paraplegics, February 1989

5. Malay Mail - Importance of rehabilitation, March 1990
6. New Straits Times - Severely Handicapped Children, August 1990
7. New Straits Times - Hand injuries and Rehabilitation, October 1990
8. Malay Mail - Hand Injuries, March 1992
9. New Straits Times - Hand Injuries, March 1992
10. New Straits Times - Occupational Therapy, June 1994
11. New Straits Times - Sex and Disabled, March 1995
12. New Straits Times - Helping to Find One Self, July 1995
13. New Straits Times - Community Service, October 1996
14. New Straits Times - Healthy Ageing and Rehabilitation, February 2002
15. New Straits Times - Ageing and Memory, March 2003
16. Malay Mail - Professional Profile, February 2003
17. The Star - Retirement Homes, June 2004
18. New Straits Times - Healthy Ageing Society, January 2004
19. Star - The Right Exercises, January 2005
20. New Straits Times - Quality of Life After Stroke – March 2006
21. The Star - Stroke Rehabilitation – March 2006
22. The Star - Sex after Stroke – February 2006
23. The Star - Rehab before recovery- February 2006
24. Sin Chew Jit Poh - Aging Problems – June 2007
25. The Star - Sexuality – September 2007
26. New Straits Times - Sexuality – October 2007
27. New Straits Times - Sexuality in Medicine – November 2007
28. Dawn (Karachi) - Occupational Therapy – January 2008
29. New Sunday Times - Live to a healthy 90, but how? – 19 February 2012
30. The Star - StarFit4Life – Holistic Ageing for the Times – 11.3.12
31. The Star Online - 558 men dress up as 007 to raise funds for the elderly
32. The Star Online - Unsexy, Effective Therapy – 13th March 2013
33. The Star Online - Medical Disability Meet – 9th June 2013
34. Fz.com - Speeding Up Medical Disability Claims - 4th July 2013
35. Borneo Post Online - Perdana University launches its School of Occupational Therapy – 27th Feb 2015
36. The Star Online - Not enough occupational therapists in Malaysia – 16th Oct 2015

OTHER INVOLVEMENTS

1. Lecturing 4th and 6th year medical students on aspects of rehabilitation, - Universiti Kebangsaan Malaysia, 1984-1990
2. Invited as guest lecturer for allied health professional on various aspects of rehabilitation, - Universiti Kebangsaan Malaysia
3. Lecturing post-graduate trainee doctors on rehabilitation
4. South East Asian Games, August 1989-Therapist in charge of Malaysian Fencing Association.
5. Post basic nurses
 - Supervised nurses specializing in orthopaedics in 1982. Project was on orthotics.
 - Supervised post basic nurses in spinal rehabilitation
 - Lecturing nurses in private hospitals on rehabilitation since 1991.
6. Supervised:
 - a. Students pursuing BSc, Masters and PhD in various disciplines in the field of 'Rehabilitation'.
 - b. Presently supervising 2 PhD students – 2011.
 - i. 'Elastic Therband Training on Lower Extremity Muscle Strength Balance and Functional Mobility in the Elderly'
 - ii. 'Progressive Resistance Tubing Training Among Elderly with Type2 Diabetes Mellitus'
7. January 2014 – Went to the South Africa in the capacity as advisor of the 2nd World Congress on Healthy Ageing. Undertook official visit to the University of KwaZulu-Natal in South Africa to establish collaboration with the occupational therapy department (for the purposes of student-staff exchange and research)
8. Invited as guest lecturer medical programme, - Faculty of Medicine & Health Science Universiti Putra Malaysia

CONSULTANCY

1. Appointed as one of the consultants for the Sultan Idris Shah Foundation community based rehabilitation centre in 1989.
2. Provided consultancy to Smith & Nephew on rehabilitation products and lectures from 1993 to 1996.
3. Appointed consultant to Cheshire Home Centre in 1995.
4. Appointed to the Malaysian Council of Rehabilitation from 1996 till this date.
5. Appointed as consultant to the National Community based Rehabilitation Council in 1997.
6. Appointed as consultant to Medic Ability Sdn. Bhd. since 1997 in regards to rehabilitation equipment.
7. Appointed as consultant as Past Vice President of World Federation of Occupational Therapists by Dow University of Health Sciences to establish the Occupational Therapy Curriculum in Jan. 2008.
8. Appointed as one of the board of advisors for occupational therapy degree program, KPH Healthcare.
9. Appointed as one of the Board of Study Member for occupational therapy degree program, KPJ Healthcare University College

SOCIAL CLUBS

1. Member of the Rotary Club of Bangsar since 1993.
2. Screening of primary school children for spinal deformities (1995). Recognition Award given by the Rotary club for this project.
3. Organising Chairman for Charity Dinner concert under the patronage of the King and Queen of Malaysia in September 1996 to raise funds to purchase therapy equipment for non-governmental organizations. Recognition given by the Rotary Club for this project.

INTERNATIONAL SOCIAL INVOLVEMENTS

2004 – Mercy Mission Post Tsunami to Sri Lanka with Mercy Malaysia