

PAKISTAN JOURNAL OF REHABILITATION



Pakistan Journal of Rehabilitation has the privileged of being the first rehabilitative journal of Pakistan that invites manuscripts from the field of physical education, psychology, alternative medicine and varied domains of rehabilitation thereby pulling together disparate rehabilitation disciplines to enhance the quality of knowledge and decision making. PJR is a peer-reviewed biannual journal that started its publication in 2012 with the expressed aim to promote and disseminate scientific knowledge and to break scientific inertia in the field of rehabilitation in Pakistan.

Pak. j. rehabil. is a registered journal (ISSN: 2309-7833 online, 2311-3863 printed) appreciates the contribution from researchers, academicians, clinicians and scholars in the form of systematic reviews, meta-analysis, original papers, case reports, case series and letter to the Editors.

EDITORIAL BOARD

PATRON

Prof. Dr. Pirzada Qasim Raza Siddiqui
BSc (Hons), MSc, PhD
Vice Chancellor
Ziauddin University

EDITOR-IN-CHIEF

Ms. Sumaira Imran Farooqui
BSPT, DPT, MPA, PhD Scholar
Associate Professor / Principal
Ziauddin College of Rehabilitation Sciences
Ziauddin University

ADVISOR TO RESEARCH COMMITTEE

Prof. Dr. Talat Mirza
MBBS, MPhil, PhD
Dean Research
Ziauddin University

EDITOR

Ms. Amna Aamir Khan
BSPT, MSPT, PhD Scholar
Assistant Professor
Ziauddin College of Rehabilitation Sciences
Ziauddin University

MANAGING EDITOR

Mr. Syed Abid Mehdi Kazmi
BSPT, DPT, MPT, PhD Scholar
Associate Professor / HOD Rehabilitation Sciences
Ziauddin Hospital

ASSISTANT EDITORS

Ms. Neelum Zehra
BSOT, TBSOT, PGD Health Care Management, ADOT
HOD Occupational Therapy
Ziauddin College of Rehabilitation Sciences
Ziauddin University

Mr. Ali Farhad

B.Com, BSPT, ADPT, LLB, LLM
Assistant Professor
Ziauddin College of Rehabilitation Sciences
Ziauddin University

Mr. Muhammad Usman Khan

BPT, PPDPT, MSPT
Assistant Professor / HOD Physical Education, Health and Sports
Sciences
Ziauddin College of Rehabilitation Sciences
Ziauddin University

EDITORIAL OFFICER

Ms. Wardah Shahab
Ziauddin College of Rehabilitation Sciences
Ziauddin University